1  
00:00:02,880 --> 00:00:05,600  
各位师友同仁，各位同学们  
  
2  
00:00:05,720 --> 00:00:08,320  
咱们继续学习金匮要略  
  
3  
00:00:09,420 --> 00:00:13,260  
上堂课咱们讲了黄疸病开了一个头啊  
  
4  
00:00:13,260 --> 00:00:16,970  
那么讲了原文的前部分啊  
  
5  
00:00:17,450 --> 00:00:19,410  
那么这么几条  
  
6  
00:00:20,860 --> 00:00:21,820  
简单总结一下  
  
7  
00:00:22,660 --> 00:00:22,860  
呃  
  
8  
00:00:22,900 --> 00:00:23,620  
黄疸病呢  
  
9  
00:00:23,740 --> 00:00:26,900  
实际上它的核心古人对他的认知啊  
  
10  
00:00:28,120 --> 00:00:31,960  
那么刚刚刚我们也跟大家说了这么几个字  
  
11  
00:00:32,280 --> 00:00:34,600  
脾色闭黄，淤热以行  
  
12  
00:00:35,900 --> 00:00:36,740  
呃，什么意思  
  
13  
00:00:37,140 --> 00:00:39,460  
脾主土啊  
  
14  
00:00:39,660 --> 00:00:41,500  
土呢，土色为黄色  
  
15  
00:00:41,980 --> 00:00:42,500  
古人啊  
  
16  
00:00:42,580 --> 00:00:45,300  
他是一个取向的思维啊  
  
17  
00:00:45,500 --> 00:00:46,300  
取向的思维  
  
18  
00:00:46,700 --> 00:00:49,740  
所以说他认为有黄色出现呢，就是土色  
  
19  
00:00:50,510 --> 00:00:52,710  
那么这个前一部分叫皮色壁黄  
  
20  
00:00:53,390 --> 00:00:54,830  
后一部分叫预热已形  
  
21  
00:00:54,830 --> 00:00:57,790  
那么就是为什么脾色会冒出来呢  
  
22  
00:00:58,350 --> 00:00:59,230  
那么告诉你了  
  
23  
00:00:59,230 --> 00:01:02,350  
无非两个字叫预热，已形是什么  
  
24  
00:01:02,350 --> 00:01:04,510  
就是乙，就是使之形  
  
25  
00:01:04,550 --> 00:01:05,630  
就是出现啊  
  
26  
00:01:06,110 --> 00:01:09,860  
瘀和热使之出现余热是什么呀  
  
27  
00:01:09,860 --> 00:01:11,500  
那么咱们知道这个瘀呢  
  
28  
00:01:12,020 --> 00:01:13,420  
呃两方面吧  
  
29  
00:01:13,940 --> 00:01:16,810  
那么最主要的一方面指的还是湿淤啊  
  
30  
00:01:16,850 --> 00:01:18,970  
主要的方面是诗，呃  
  
31  
00:01:20,260 --> 00:01:23,980  
第二方面呢，也可以包含囊括淤血  
  
32  
00:01:24,780 --> 00:01:24,980  
呃  
  
33  
00:01:25,060 --> 00:01:26,260  
那么与此同时  
  
34  
00:01:27,170 --> 00:01:30,530  
有玉的时候往往容易怎么样产热  
  
35  
00:01:32,170 --> 00:01:33,930  
那么分成三种  
  
36  
00:01:35,070 --> 00:01:37,470  
一种呢，称之为骨胆啊  
  
37  
00:01:37,510 --> 00:01:40,920  
也就是从饮食不节啊  
  
38  
00:01:41,000 --> 00:01:44,040  
从脾胃损伤这块来的，叫孤胆  
  
39  
00:01:44,520 --> 00:01:46,720  
还有一种呢，叫酒胆啊  
  
40  
00:01:46,720 --> 00:01:49,960  
喝酒喝多了，那咱们都知道今天呢  
  
41  
00:01:51,020 --> 00:01:52,980  
那么虽然时代已经变化了  
  
42  
00:01:53,580 --> 00:01:55,300  
那有好多人嗜酒  
  
43  
00:01:55,860 --> 00:01:58,500  
那么过度的饮酒造成酒精肝啊  
  
44  
00:01:58,940 --> 00:02:00,140  
包括肝硬化呀  
  
45  
00:02:00,140 --> 00:02:02,620  
甚至是诱发肝癌等等啊  
  
46  
00:02:02,660 --> 00:02:03,950  
那么造成，呃  
  
47  
00:02:03,950 --> 00:02:05,110  
也能出现黄疸  
  
48  
00:02:06,230 --> 00:02:06,590  
嗯  
  
49  
00:02:07,150 --> 00:02:08,110  
可见啊  
  
50  
00:02:09,780 --> 00:02:10,500  
包括什么  
  
51  
00:02:12,460 --> 00:02:13,340  
女老胆啊  
  
52  
00:02:13,380 --> 00:02:15,140  
女老胆，它里头有虚劳  
  
53  
00:02:16,090 --> 00:02:17,850  
女老胆的一个重症啊  
  
54  
00:02:17,850 --> 00:02:22,250  
就是久久得之，那就能变成黑胆啊  
  
55  
00:02:22,330 --> 00:02:23,450  
那么就是呃  
  
56  
00:02:23,650 --> 00:02:25,050  
女劳，包括九胆  
  
57  
00:02:25,250 --> 00:02:26,410  
时间很久了之后  
  
58  
00:02:27,130 --> 00:02:29,210  
那么就会出现叫黑胆  
  
59  
00:02:30,340 --> 00:02:31,420  
呃，这个黑胆呢  
  
60  
00:02:31,700 --> 00:02:33,300  
它的特点，咱们上次说了  
  
61  
00:02:34,300 --> 00:02:34,980  
气色黑  
  
62  
00:02:35,730 --> 00:02:36,730  
大便黑，对吧  
  
63  
00:02:36,970 --> 00:02:39,090  
因为有淤血，上次大概呢  
  
64  
00:02:39,170 --> 00:02:40,930  
讲了就是这些内容  
  
65  
00:02:41,620 --> 00:02:44,340  
那么这些黄染怎么去治疗啊  
  
66  
00:02:44,380 --> 00:02:45,180  
怎么去解决  
  
67  
00:02:46,140 --> 00:02:46,820  
预热已形  
  
68  
00:02:46,980 --> 00:02:49,260  
那么咱们怎么能开这个预热  
  
69  
00:02:49,640 --> 00:02:52,480  
那么就是我们今天所要给大家讲的内容啊  
  
70  
00:02:52,560 --> 00:02:55,750  
那么我们分两个学时，呃  
  
71  
00:02:56,070 --> 00:02:57,950  
争取给大家把这部分都说完  
  
72  
00:02:59,070 --> 00:03:00,390  
好，接着往下看啊  
  
73  
00:03:00,990 --> 00:03:02,470  
续着上次的条文  
  
74  
00:03:03,660 --> 00:03:05,620  
湿热病黄疸啊  
  
75  
00:03:05,620 --> 00:03:08,100  
那么咱们从这诗曰，病黄疸  
  
76  
00:03:09,100 --> 00:03:10,620  
发热喘满  
  
77  
00:03:11,490 --> 00:03:12,810  
胸满口燥者  
  
78  
00:03:13,210 --> 00:03:17,250  
以病发时火结其汗，两热所得  
  
79  
00:03:18,190 --> 00:03:20,230  
呃，这一段讲的是什么呢  
  
80  
00:03:21,150 --> 00:03:24,110  
那么黄疸病人他描述了一下状态啊  
  
81  
00:03:24,910 --> 00:03:25,110  
呃  
  
82  
00:03:25,270 --> 00:03:29,920  
发热明显有一个发热的症状  
  
83  
00:03:31,370 --> 00:03:32,250  
烦喘啊  
  
84  
00:03:32,330 --> 00:03:37,170  
那么心烦气喘都是表述内热的啊  
  
85  
00:03:38,610 --> 00:03:39,610  
胸满口燥  
  
86  
00:03:41,370 --> 00:03:44,010  
前胸啊，气机不舒满  
  
87  
00:03:44,010 --> 00:03:46,050  
闷口干燥啊  
  
88  
00:03:47,660 --> 00:03:49,380  
乙病发时火结其寒  
  
89  
00:03:49,420 --> 00:03:53,380  
那么这个乙呢，就是解释一下前头说这这一段话  
  
90  
00:03:54,000 --> 00:03:55,920  
呃，发热反喘  
  
91  
00:03:56,680 --> 00:03:57,400  
胸满口燥  
  
92  
00:03:57,680 --> 00:03:59,480  
那么明显是有火热之症吗  
  
93  
00:04:00,030 --> 00:04:02,310  
那么这个火热之症是怎么来的呢  
  
94  
00:04:02,790 --> 00:04:03,950  
就告诉你，意义  
  
95  
00:04:04,030 --> 00:04:05,150  
就是告诉你啊  
  
96  
00:04:05,150 --> 00:04:05,950  
解释一下  
  
97  
00:04:06,390 --> 00:04:09,630  
那么在发黄疸病的时候，在病发的时候呢  
  
98  
00:04:10,990 --> 00:04:13,550  
火劫其汉，那咱们知道啥叫火劫其汉吧  
  
99  
00:04:14,230 --> 00:04:18,170  
那么在汉代的时候流行很多治病的方法  
  
100  
00:04:18,170 --> 00:04:20,850  
比如其中有一种就是用火攻啊  
  
101  
00:04:20,890 --> 00:04:22,530  
火攻，当然呃  
  
102  
00:04:22,650 --> 00:04:23,450  
有艾灸  
  
103  
00:04:24,170 --> 00:04:28,720  
烧针、熏蒸啊，熨烫等等方法  
  
104  
00:04:29,210 --> 00:04:30,730  
呃，实际上也是有效的啊  
  
105  
00:04:31,090 --> 00:04:32,770  
但我们讲如果是误用啊  
  
106  
00:04:32,810 --> 00:04:34,810  
那么这个时候不应该用火  
  
107  
00:04:35,450 --> 00:04:38,360  
结果用了造成两热所得  
  
108  
00:04:38,360 --> 00:04:40,600  
那咱们看这个两热指的是什么  
  
109  
00:04:40,800 --> 00:04:43,520  
非常简单，一个就是原本的病人的内热  
  
110  
00:04:43,900 --> 00:04:45,060  
还有一个就是什么呀  
  
111  
00:04:45,760 --> 00:04:47,480  
那么火结的热对不对啊  
  
112  
00:04:47,840 --> 00:04:49,720  
那里头本来就热，外头又热  
  
113  
00:04:49,760 --> 00:04:53,080  
那么犯了内经所说的叫时时之介啊  
  
114  
00:04:53,930 --> 00:04:57,330  
那这个时候就造成了黄染  
  
115  
00:04:57,930 --> 00:04:58,130  
呃  
  
116  
00:04:58,210 --> 00:05:00,730  
后头有八个字，非常的经典啊  
  
117  
00:05:00,850 --> 00:05:01,770  
然然什么呢  
  
118  
00:05:02,130 --> 00:05:04,930  
把这八个字画上，试驾所得  
  
119  
00:05:05,290 --> 00:05:07,100  
从事得知  
  
120  
00:05:07,900 --> 00:05:08,100  
哎  
  
121  
00:05:08,220 --> 00:05:09,420  
非常非常的经典  
  
122  
00:05:09,460 --> 00:05:10,220  
就这八个字  
  
123  
00:05:10,460 --> 00:05:14,030  
那么核心的眼墨又给点出来了，这句话呢  
  
124  
00:05:14,110 --> 00:05:16,910  
跟之前的痞色闭黄，郁热以形  
  
125  
00:05:17,310 --> 00:05:19,730  
两句话，如常山之蛇  
  
126  
00:05:19,850 --> 00:05:20,610  
首尾相顾  
  
127  
00:05:21,690 --> 00:05:21,890  
哎  
  
128  
00:05:22,130 --> 00:05:23,850  
一体两段，一以贯之  
  
129  
00:05:24,130 --> 00:05:28,820  
你看貌似呃说的用语不一样  
  
130  
00:05:28,820 --> 00:05:30,100  
一个讲预热对不对啊  
  
131  
00:05:30,260 --> 00:05:30,860  
一个讲湿  
  
132  
00:05:31,300 --> 00:05:33,540  
但其实呢，一体两端啊  
  
133  
00:05:33,540 --> 00:05:35,100  
他说的都是一个核心  
  
134  
00:05:35,820 --> 00:05:36,820  
呃，就是这个  
  
135  
00:05:37,220 --> 00:05:38,580  
所以证明一个问题啊  
  
136  
00:05:38,740 --> 00:05:41,060  
再次的我再重复一下这个概念  
  
137  
00:05:41,260 --> 00:05:43,380  
就是我们中医认知黄疸  
  
138  
00:05:43,680 --> 00:05:45,080  
跟现代医学不一样  
  
139  
00:05:45,080 --> 00:05:48,360  
现代医学首先它就要择之于胆汁，对不对啊  
  
140  
00:05:48,720 --> 00:05:50,640  
那么胆汁的外溢，胆红素  
  
141  
00:05:51,140 --> 00:05:51,340  
呃  
  
142  
00:05:51,580 --> 00:05:52,500  
最后造成这个问题  
  
143  
00:05:52,500 --> 00:05:55,320  
但我们中医说所见是什么  
  
144  
00:05:55,320 --> 00:05:56,840  
就是为什么胆汁出来了  
  
145  
00:05:57,320 --> 00:05:58,160  
是不是这个道理啊  
  
146  
00:05:58,560 --> 00:05:59,640  
那他为啥出来了  
  
147  
00:05:59,960 --> 00:06:03,280  
它出来的原因不是胆汁出来了，明白了吗  
  
148  
00:06:03,720 --> 00:06:04,800  
结果不是原因  
  
149  
00:06:06,010 --> 00:06:08,090  
造成结果的原因才是原因啊  
  
150  
00:06:08,090 --> 00:06:08,970  
这个非常重要  
  
151  
00:06:09,210 --> 00:06:10,850  
那么就是因为这个预热  
  
152  
00:06:11,050 --> 00:06:13,050  
就是因为这个从时得知啊  
  
153  
00:06:13,610 --> 00:06:15,530  
那么这个失瘀啊  
  
154  
00:06:15,650 --> 00:06:18,290  
包括湿和淤血所造成的热  
  
155  
00:06:18,770 --> 00:06:20,570  
才是造成黄疸的核心  
  
156  
00:06:22,070 --> 00:06:24,750  
于是乎，后头给你又进一步描述啊  
  
157  
00:06:24,870 --> 00:06:27,630  
一身劲发热啊  
  
158  
00:06:27,710 --> 00:06:31,120  
浑身火炭一样，呃啧  
  
159  
00:06:31,400 --> 00:06:34,800  
内经所云，因于暑汗烦而喘渴  
  
160  
00:06:34,960 --> 00:06:36,960  
静则多言，体弱烦炭  
  
161  
00:06:37,320 --> 00:06:38,280  
汗出而散啊  
  
162  
00:06:38,320 --> 00:06:38,760  
那么当  
  
163  
00:06:38,760 --> 00:06:40,560  
但是他讲的是外感的那个暑邪  
  
164  
00:06:41,040 --> 00:06:42,240  
但这个很像啊  
  
165  
00:06:42,280 --> 00:06:44,480  
一个一个一拍热，象浑身都热啊  
  
166  
00:06:44,910 --> 00:06:45,390  
为什么  
  
167  
00:06:45,390 --> 00:06:47,670  
因为内外知热相合了吧  
  
168  
00:06:48,770 --> 00:06:49,890  
呃，面黄  
  
169  
00:06:50,490 --> 00:06:53,410  
那么这时候黄就被逼出来了啊  
  
170  
00:06:53,770 --> 00:06:54,690  
挣破出来了  
  
171  
00:06:55,040 --> 00:06:55,240  
呃  
  
172  
00:06:55,280 --> 00:06:56,040  
非常简单  
  
173  
00:06:56,040 --> 00:06:59,240  
我们说湿和热在体内熏蒸蒸久了呀  
  
174  
00:06:59,240 --> 00:07:01,120  
咱们就跟那个烧水似的  
  
175  
00:07:01,120 --> 00:07:03,080  
是不是你往底下加火  
  
176  
00:07:03,510 --> 00:07:05,270  
加火之后烧了半天  
  
177  
00:07:05,390 --> 00:07:08,710  
那个水就气化了人体内的胆汁也是一样  
  
178  
00:07:08,950 --> 00:07:11,230  
你总用湿热的环境去逼迫它  
  
179  
00:07:11,510 --> 00:07:13,190  
慢慢把胆汁烤出来了吧  
  
180  
00:07:13,590 --> 00:07:13,790  
哎  
  
181  
00:07:13,790 --> 00:07:14,590  
就这么简单  
  
182  
00:07:16,100 --> 00:07:17,460  
度热热在里，当下之  
  
183  
00:07:18,500 --> 00:07:19,100  
那么这讲  
  
184  
00:07:20,300 --> 00:07:24,310  
如果是呃肚子啊  
  
185  
00:07:24,350 --> 00:07:26,830  
那么这个肚子指的是太阴阳明的部位  
  
186  
00:07:27,230 --> 00:07:28,870  
主要指的是六腑胃肠  
  
187  
00:07:29,740 --> 00:07:32,940  
所谓大肠小肠皆属胃胃加啊，对吧  
  
188  
00:07:33,380 --> 00:07:34,980  
这个整个这个位置呢  
  
189  
00:07:35,260 --> 00:07:35,660  
发热  
  
190  
00:07:36,060 --> 00:07:36,940  
那这种热呢  
  
191  
00:07:36,940 --> 00:07:39,270  
是经热还是辅热呀  
  
192  
00:07:40,270 --> 00:07:42,030  
属于辅热，对不对啊  
  
193  
00:07:43,440 --> 00:07:44,840  
那么赤辅热怎么办  
  
194  
00:07:45,360 --> 00:07:47,040  
在浮者当下之嘛，对吧  
  
195  
00:07:47,480 --> 00:07:47,680  
哎  
  
196  
00:07:47,800 --> 00:07:48,560  
实则取之  
  
197  
00:07:48,760 --> 00:07:51,440  
所以说应该用下法攻下的方法  
  
198  
00:07:51,760 --> 00:07:57,660  
那么说明呃黄疸病的治疗思路之一啊  
  
199  
00:07:57,780 --> 00:07:58,460  
就是攻下  
  
200  
00:07:58,860 --> 00:08:01,460  
当然咱们前头啊也讲了一些治疗思路  
  
201  
00:08:01,820 --> 00:08:05,040  
比如说其脉浮者先吐之啊  
  
202  
00:08:05,160 --> 00:08:06,800  
臣贤者，先下者对不对啊  
  
203  
00:08:07,160 --> 00:08:07,360  
哎  
  
204  
00:08:07,360 --> 00:08:09,320  
那么我们也说过这个问题  
  
205  
00:08:10,540 --> 00:08:10,740  
呃  
  
206  
00:08:10,900 --> 00:08:14,420  
勇兔攻下，总之是要把他那个预热呀  
  
207  
00:08:14,860 --> 00:08:17,620  
把他那个诗啊，让他有门禁能出去  
  
208  
00:08:18,100 --> 00:08:21,890  
所以我们后面所要讲的若干张方，同学们  
  
209  
00:08:21,930 --> 00:08:25,010  
其实你就不要不要跑离  
  
210  
00:08:25,010 --> 00:08:25,610  
一个思路  
  
211  
00:08:25,810 --> 00:08:27,490  
就是根据不同的情况  
  
212  
00:08:27,490 --> 00:08:28,850  
我们使用不同的工具  
  
213  
00:08:29,100 --> 00:08:31,420  
但是核心主旨都是一个干什么  
  
214  
00:08:31,420 --> 00:08:34,700  
就是把它那个预热，让它有出路啊  
  
215  
00:08:34,700 --> 00:08:35,700  
让他有去路  
  
216  
00:08:36,799 --> 00:08:37,000  
呃  
  
217  
00:08:38,120 --> 00:08:40,880  
脉沉可欲饮水这是第九条啊  
  
218  
00:08:41,320 --> 00:08:42,640  
那脉沉主里吗  
  
219  
00:08:43,260 --> 00:08:46,060  
渴欲饮水说明膀胱气化不利  
  
220  
00:08:46,460 --> 00:08:48,780  
然后小便不利皆发黄  
  
221  
00:08:50,120 --> 00:08:51,810  
你看他这个，呃  
  
222  
00:08:52,210 --> 00:08:53,290  
你不能那么理解  
  
223  
00:08:53,570 --> 00:08:57,210  
说是脉沉或渴欲饮水或小便不利都发黄  
  
224  
00:08:57,290 --> 00:08:58,730  
那那那就错了，对不对啊  
  
225  
00:08:59,070 --> 00:09:00,030  
他说的是啥意思  
  
226  
00:09:00,510 --> 00:09:02,230  
这三要素必须要合到一起  
  
227  
00:09:02,270 --> 00:09:04,230  
脉沉说明是里证还是表证啊  
  
228  
00:09:04,830 --> 00:09:08,470  
李政可饮水说明在不在河水  
  
229  
00:09:09,560 --> 00:09:10,880  
它这块有省文啊  
  
230  
00:09:11,160 --> 00:09:13,000  
你记住跟黄疸有关的  
  
231  
00:09:13,000 --> 00:09:15,400  
他提到可欲饮水的，他就一定喝了  
  
232  
00:09:15,400 --> 00:09:16,000  
你就不用  
  
233  
00:09:16,630 --> 00:09:18,430  
呃，就就欲饮水浆嘛  
  
234  
00:09:18,430 --> 00:09:18,710  
对吧  
  
235  
00:09:18,710 --> 00:09:21,550  
那个伤寒论的那个阴陈蒿汤也这么讲的嘛  
  
236  
00:09:21,950 --> 00:09:22,150  
哎  
  
237  
00:09:22,150 --> 00:09:23,790  
那么他一定渴了，他就喝  
  
238  
00:09:24,080 --> 00:09:25,880  
喝了之后，但是它尿没尿出去呢  
  
239  
00:09:26,970 --> 00:09:27,650  
你想啊  
  
240  
00:09:28,370 --> 00:09:29,730  
又渴又喝水  
  
241  
00:09:30,650 --> 00:09:31,650  
又没尿出去  
  
242  
00:09:32,250 --> 00:09:34,570  
那体内是是啥啥状态啊  
  
243  
00:09:35,560 --> 00:09:36,400  
那有湿嘛  
  
244  
00:09:36,480 --> 00:09:40,340  
那湿不就是我们刚才说的皇家所得，从什么得知啊  
  
245  
00:09:40,740 --> 00:09:41,980  
从湿得知对不对  
  
246  
00:09:42,220 --> 00:09:43,820  
这就把水就蓄出来了  
  
247  
00:09:44,060 --> 00:09:47,120  
换句话说，黄疸造膜就成功了啊  
  
248  
00:09:47,120 --> 00:09:48,800  
咱们就讲这么个问题啊  
  
249  
00:09:49,870 --> 00:09:50,070  
呃  
  
250  
00:09:50,190 --> 00:09:51,510  
所以他讲的一个要素  
  
251  
00:09:51,950 --> 00:09:54,790  
一开始告诉你说热怎么得的，对吧  
  
252  
00:09:55,070 --> 00:09:57,510  
后来又告诉你湿怎么续住的啊  
  
253  
00:09:58,660 --> 00:09:59,700  
他有他的逻辑性  
  
254  
00:10:00,220 --> 00:10:04,620  
往下第十条腹满额，肚子胀  
  
255  
00:10:05,420 --> 00:10:06,180  
舌萎黄  
  
256  
00:10:07,010 --> 00:10:08,130  
呃，这句呢  
  
257  
00:10:08,490 --> 00:10:09,930  
后世有争议  
  
258  
00:10:10,290 --> 00:10:10,970  
有住家  
  
259  
00:10:11,650 --> 00:10:13,650  
呃，有有版本认为是蛇尾  
  
260  
00:10:13,650 --> 00:10:14,570  
应该是申尾  
  
261  
00:10:17,740 --> 00:10:18,700  
我怎么看啊  
  
262  
00:10:19,500 --> 00:10:21,260  
我认为他俩都行啊  
  
263  
00:10:21,380 --> 00:10:22,140  
为什么这么说  
  
264  
00:10:22,780 --> 00:10:25,180  
呃，你看那个很多呀  
  
265  
00:10:25,700 --> 00:10:28,740  
形体消瘦之人，身体啊  
  
266  
00:10:29,260 --> 00:10:30,620  
肌肉萎弱之人  
  
267  
00:10:30,820 --> 00:10:31,940  
你看你你不信  
  
268  
00:10:31,940 --> 00:10:33,590  
你伸着他舌头，啊  
  
269  
00:10:33,670 --> 00:10:35,430  
那么咱不说个别现象  
  
270  
00:10:35,510 --> 00:10:38,830  
大多数舌头本身它也趋于什么呀  
  
271  
00:10:39,500 --> 00:10:39,700  
哎  
  
272  
00:10:40,060 --> 00:10:42,700  
这个这个这个销售，这个非常简单  
  
273  
00:10:42,780 --> 00:10:46,830  
为什么皮之不存，毛将焉附啊  
  
274  
00:10:47,310 --> 00:10:48,630  
就讲这么个道理  
  
275  
00:10:50,170 --> 00:10:50,370  
呃  
  
276  
00:10:51,010 --> 00:10:56,790  
那么所以说伪皇造那么烦和燥是有区别的吧  
  
277  
00:10:57,270 --> 00:11:00,190  
哎，烦主要指的是火燥呢  
  
278  
00:11:00,190 --> 00:11:04,450  
主要指的是一种神智上的一种状态，对不对啊  
  
279  
00:11:04,980 --> 00:11:05,180  
哎  
  
280  
00:11:05,300 --> 00:11:06,180  
烦和造不一样  
  
281  
00:11:06,540 --> 00:11:09,380  
躁不得睡，他就是偏于什么无意识的  
  
282  
00:11:09,700 --> 00:11:11,420  
他不是有意识的，有意识心烦  
  
283  
00:11:11,650 --> 00:11:13,450  
我心里有事睡不着  
  
284  
00:11:13,690 --> 00:11:15,930  
造着什么我也不知道我心里有没有事  
  
285  
00:11:15,930 --> 00:11:16,810  
我可能没事  
  
286  
00:11:17,200 --> 00:11:18,720  
但是我就是躺不消停啊  
  
287  
00:11:18,720 --> 00:11:22,160  
这灶不得睡属皇家啊  
  
288  
00:11:23,150 --> 00:11:24,150  
那么为啥呢  
  
289  
00:11:24,710 --> 00:11:28,550  
呃，咱们知道因为预热在理啊  
  
290  
00:11:28,550 --> 00:11:30,870  
实际上他讲的还是预热在里的一个状态  
  
291  
00:11:32,330 --> 00:11:32,530  
呃  
  
292  
00:11:33,250 --> 00:11:36,610  
从不同方面吧解释一个问题啊，告诉你  
  
293  
00:11:36,920 --> 00:11:37,120  
呃  
  
294  
00:11:37,240 --> 00:11:40,800  
小便不利的能预热再理肚子热的能预热再理  
  
295  
00:11:41,320 --> 00:11:44,360  
腹满舌尾黄燥不得睡的还能预热再里啊  
  
296  
00:11:45,930 --> 00:11:47,090  
下一句有点意思  
  
297  
00:11:47,690 --> 00:11:51,130  
黄疸之病当以18日为期啊  
  
298  
00:11:51,130 --> 00:11:52,290  
大家看见这句了吧  
  
299  
00:11:53,030 --> 00:11:57,580  
置之以时日以上ch反拒为难治  
  
300  
00:11:58,140 --> 00:11:59,700  
呃，这句话啥意思呢  
  
301  
00:11:59,740 --> 00:12:00,940  
字面的解释啊  
  
302  
00:12:01,340 --> 00:12:03,820  
比较好解释就是黄疸病啊  
  
303  
00:12:04,510 --> 00:12:05,910  
呃，当然有人说啊  
  
304  
00:12:05,910 --> 00:12:08,550  
有人说这个当以18日为期是啥意思啊  
  
305  
00:12:09,680 --> 00:12:12,200  
说这个就18天自己就好了  
  
306  
00:12:12,680 --> 00:12:13,600  
首先这个呢  
  
307  
00:12:14,240 --> 00:12:16,760  
呃，我个人认为很难成立  
  
308  
00:12:17,280 --> 00:12:17,880  
咱们知道吧  
  
309  
00:12:18,280 --> 00:12:21,560  
那临床上有很多，比如说肝癌啊  
  
310  
00:12:21,640 --> 00:12:24,480  
或者胆管出问题了啊等等啊  
  
311  
00:12:24,720 --> 00:12:26,160  
包括急性黄疸性肝炎  
  
312  
00:12:26,200 --> 00:12:27,560  
咱们现在接触的少啊  
  
313  
00:12:27,560 --> 00:12:32,240  
但是偶尔也能碰见极偶尔急性黄疸性肝炎，呃  
  
314  
00:12:32,700 --> 00:12:35,700  
那么他是不是18天自己好  
  
315  
00:12:37,670 --> 00:12:39,230  
这个我个人啊  
  
316  
00:12:39,710 --> 00:12:40,830  
我觉得不是  
  
317  
00:12:41,860 --> 00:12:42,620  
我觉得不是  
  
318  
00:12:42,980 --> 00:12:48,980  
但是古人他有没有必要说一句完全没有  
  
319  
00:12:49,340 --> 00:12:50,740  
不着边际的话呢  
  
320  
00:12:51,420 --> 00:12:52,420  
我又不这么看  
  
321  
00:12:52,620 --> 00:12:55,420  
所以有可能是古人想告诉我们一个事  
  
322  
00:12:55,960 --> 00:12:57,400  
那他想告诉我们什么事  
  
323  
00:12:57,400 --> 00:12:57,880  
儿  
  
324  
00:12:59,460 --> 00:12:59,980  
只能啊  
  
325  
00:13:00,060 --> 00:13:03,980  
这个就是我们不理解的时候，不妨以精解精  
  
326  
00:13:05,270 --> 00:13:10,030  
仲景老先生撰用素问九卷81难  
  
327  
00:13:11,160 --> 00:13:12,520  
还记得我说过这个问题吧  
  
328  
00:13:12,960 --> 00:13:15,000  
那么最后写了这部伤寒杂病论  
  
329  
00:13:15,320 --> 00:13:18,040  
所以说很多东西在内心之中  
  
330  
00:13:18,040 --> 00:13:19,640  
我们可以找到消息  
  
331  
00:13:20,260 --> 00:13:20,460  
呃  
  
332  
00:13:20,700 --> 00:13:22,980  
素问，有一篇叫太阴阳明论  
  
333  
00:13:23,580 --> 00:13:25,140  
里头有原话，怎么说呢  
  
334  
00:13:25,540 --> 00:13:26,660  
脾者土也  
  
335  
00:13:27,120 --> 00:13:29,880  
至中央常以四时长四藏  
  
336  
00:13:31,560 --> 00:13:35,360  
各18日寄至不得独主于时也  
  
337  
00:13:36,670 --> 00:13:37,070  
啥意思  
  
338  
00:13:37,070 --> 00:13:37,990  
我解释一下啊  
  
339  
00:13:38,390 --> 00:13:39,750  
首先说脾者土也  
  
340  
00:13:39,750 --> 00:13:41,070  
这个很简单对吧  
  
341  
00:13:41,150 --> 00:13:43,310  
脾能主土，治中央啊  
  
342  
00:13:43,310 --> 00:13:46,270  
那管管这个治就是治理的意思啊  
  
343  
00:13:46,630 --> 00:13:48,110  
治理中央的位置  
  
344  
00:13:49,270 --> 00:13:51,070  
常以四时长，四脏  
  
345  
00:13:51,430 --> 00:13:52,510  
那么什么概念呢  
  
346  
00:13:53,270 --> 00:13:54,790  
那么一年有四季吧  
  
347  
00:13:55,350 --> 00:13:56,830  
但是人是不是有五脏啊  
  
348  
00:13:57,510 --> 00:13:58,670  
所以他这说的  
  
349  
00:13:59,310 --> 00:14:02,960  
呃，就是什么四时各主一脏  
  
350  
00:14:03,640 --> 00:14:08,510  
那么生了心肺肝肾四脏  
  
351  
00:14:09,780 --> 00:14:11,020  
那么脾放哪呢  
  
352  
00:14:12,140 --> 00:14:14,340  
好了，各18日寄治  
  
353  
00:14:14,420 --> 00:14:17,820  
那么就是脾每个脏器匀了18天  
  
354  
00:14:18,820 --> 00:14:20,740  
不得独主于时也  
  
355  
00:14:20,740 --> 00:14:24,310  
这也是太阴阳明论中间一段原话，18天代表啥  
  
356  
00:14:24,390 --> 00:14:28,630  
其实这个回去我们通过数学推演一下，你就明白了  
  
357  
00:14:28,950 --> 00:14:29,150  
呃  
  
358  
00:14:29,470 --> 00:14:32,260  
那么我们所谓48节，24气  
  
359  
00:14:32,260 --> 00:14:33,060  
72侯啊  
  
360  
00:14:33,140 --> 00:14:37,330  
那么它是有一个有一个时间节律在里头的  
  
361  
00:14:37,570 --> 00:14:40,650  
那么我简单的说，因为今天我们不是以这个为主  
  
362  
00:14:41,170 --> 00:14:41,370  
额  
  
363  
00:14:42,010 --> 00:14:45,030  
那么40各72天  
  
364  
00:14:45,150 --> 00:14:46,590  
大家注意我这个用词啊  
  
365  
00:14:47,030 --> 00:14:48,910  
40各72天的时候  
  
366  
00:14:49,510 --> 00:14:51,110  
那么你算一下他是多少  
  
367  
00:14:51,510 --> 00:14:55,880  
加上18就是72+18，再乘以四  
  
368  
00:14:56,720 --> 00:14:59,160  
正好是360  
  
369  
00:15:01,030 --> 00:15:01,230  
啊  
  
370  
00:15:01,830 --> 00:15:03,270  
每葬72日，对吧  
  
371  
00:15:03,630 --> 00:15:04,630  
那么72呢  
  
372  
00:15:05,150 --> 00:15:05,350  
额  
  
373  
00:15:06,150 --> 00:15:07,590  
正好是这个  
  
374  
00:15:07,590 --> 00:15:11,380  
这个我们讲天罡地煞之术啊  
  
375  
00:15:11,940 --> 00:15:16,660  
那正好是1111个呃，天罡术在里头啊  
  
376  
00:15:18,540 --> 00:15:20,260  
额，这个延伸就比较多了  
  
377  
00:15:20,500 --> 00:15:21,380  
但是我在这  
  
378  
00:15:21,700 --> 00:15:25,590  
其实不是为了给大家讲这个内算  
  
379  
00:15:25,670 --> 00:15:27,230  
和和这个数学的问题啊  
  
380  
00:15:27,550 --> 00:15:28,550  
要说一个啥事  
  
381  
00:15:29,340 --> 00:15:32,460  
18日代表了一个五行之中的一行  
  
382  
00:15:33,060 --> 00:15:34,980  
五脏之中的一脏就谁呢  
  
383  
00:15:35,020 --> 00:15:36,340  
脾土，明白了吧  
  
384  
00:15:36,780 --> 00:15:38,660  
那么18日为期就是什么  
  
385  
00:15:39,020 --> 00:15:40,540  
黄疸病的周期  
  
386  
00:15:41,210 --> 00:15:47,170  
是以哪一个脏器为标志和数理体现的就是脾脏  
  
387  
00:15:48,170 --> 00:15:48,370  
哎  
  
388  
00:15:48,770 --> 00:15:49,170  
为啥  
  
389  
00:15:49,530 --> 00:15:53,590  
因为脾主土，脾色闭黄  
  
390  
00:15:54,510 --> 00:15:56,430  
余热一行，大家明白了吧  
  
391  
00:15:56,790 --> 00:15:58,670  
所以前文说的脾色闭黄  
  
392  
00:15:59,180 --> 00:16:02,060  
跟后文说的当以18日为期  
  
393  
00:16:02,510 --> 00:16:06,390  
回归到内经说的脾者土也治，中央常以四时长  
  
394  
00:16:06,430 --> 00:16:09,590  
四脏各18日即至，一脉相承  
  
395  
00:16:10,600 --> 00:16:11,800  
大家听明白了吧  
  
396  
00:16:11,920 --> 00:16:13,720  
他俩是一以贯之的啊  
  
397  
00:16:13,760 --> 00:16:15,960  
整个是贯通下来的  
  
398  
00:16:17,600 --> 00:16:18,920  
呃，所以这个呢  
  
399  
00:16:18,920 --> 00:16:21,080  
他讲的就是一个什么概念啊  
  
400  
00:16:21,080 --> 00:16:25,420  
就不是说黄疸病18天自己就好不用治对吧  
  
401  
00:16:25,420 --> 00:16:26,260  
千万别吃药  
  
402  
00:16:27,020 --> 00:16:27,300  
哎  
  
403  
00:16:27,300 --> 00:16:29,660  
那不是说那概念，你该吃药吃药  
  
404  
00:16:29,860 --> 00:16:32,420  
但是你要注意这个病的发病规律  
  
405  
00:16:32,740 --> 00:16:36,260  
那么每18天往往是一个循环  
  
406  
00:16:36,720 --> 00:16:40,840  
你观察它好像是你觉得要有好转了，对不对啊  
  
407  
00:16:41,250 --> 00:16:41,450  
哎  
  
408  
00:16:41,770 --> 00:16:46,050  
那么你先别着急，到18天可能还会回来一个小高峰  
  
409  
00:16:46,730 --> 00:16:49,090  
但是你观察它可能比较难  
  
410  
00:16:49,530 --> 00:16:50,970  
别着急到18天  
  
411  
00:16:51,310 --> 00:16:52,630  
那么在你的治疗之下  
  
412  
00:16:52,830 --> 00:16:54,710  
他可能还会有一个回转  
  
413  
00:16:54,950 --> 00:16:57,670  
这个我在临床上经常给患者用的一个词  
  
414  
00:16:58,030 --> 00:17:00,190  
我的学生都很都很熟悉  
  
415  
00:17:00,630 --> 00:17:02,870  
我叫什么叫螺旋式上升  
  
416  
00:17:03,630 --> 00:17:06,810  
但是这个螺旋旋多大就是多少天  
  
417  
00:17:06,970 --> 00:17:10,930  
他这个螺旋一个圆周正好是正好是多少天啊  
  
418  
00:17:11,250 --> 00:17:12,810  
18天，大家这个明白了吧  
  
419  
00:17:13,290 --> 00:17:16,930  
哎，不是说我们不要两个极端啊  
  
420  
00:17:16,930 --> 00:17:19,089  
一个极端就是说内经说的全对  
  
421  
00:17:19,170 --> 00:17:21,490  
古人说的全对，是内经说的全对  
  
422  
00:17:21,490 --> 00:17:22,890  
但你理解的不一定对  
  
423  
00:17:23,640 --> 00:17:24,640  
明白这个概念了吗  
  
424  
00:17:24,640 --> 00:17:26,720  
就有可能内经说的对，但是你没理解啊  
  
425  
00:17:26,720 --> 00:17:29,200  
这是第一个问题，第二个问题呢  
  
426  
00:17:29,720 --> 00:17:32,280  
那么就有可能是呃  
  
427  
00:17:33,060 --> 00:17:37,820  
我我我们说就是古人说的日期全都没用  
  
428  
00:17:38,620 --> 00:17:40,460  
那没用，古人说它干啥呀  
  
429  
00:17:41,610 --> 00:17:46,370  
真是论文不够字数凑篇幅吗  
  
430  
00:17:47,130 --> 00:17:52,090  
还是说评职称就是少论文多写点啊  
  
431  
00:17:52,900 --> 00:17:56,220  
呃，黄帝岐伯那时候不评职称是不是啊  
  
432  
00:17:56,540 --> 00:17:58,540  
那他不用非得干这个事啊  
  
433  
00:17:59,170 --> 00:17:59,370  
呃  
  
434  
00:17:59,490 --> 00:18:00,330  
因此说呢  
  
435  
00:18:00,370 --> 00:18:02,330  
咱们不要对古人啊  
  
436  
00:18:02,410 --> 00:18:03,850  
就有一个词叫歹猜  
  
437  
00:18:04,210 --> 00:18:05,090  
咱明白了没有  
  
438  
00:18:05,090 --> 00:18:06,330  
歹猜就是什么意思啊  
  
439  
00:18:06,650 --> 00:18:09,370  
就是认为人家是是  
  
440  
00:18:09,730 --> 00:18:11,490  
就是觉得谁都是坏人哈  
  
441  
00:18:12,080 --> 00:18:15,120  
就就本能地认为别人不是啥好人啊  
  
442  
00:18:15,560 --> 00:18:16,680  
呃，如果那样的话  
  
443  
00:18:17,120 --> 00:18:17,400  
嗯  
  
444  
00:18:18,000 --> 00:18:19,360  
那理解古人的东西  
  
445  
00:18:19,360 --> 00:18:22,280  
我我觉得他会剑走偏锋啊  
  
446  
00:18:22,320 --> 00:18:24,820  
会会这个，这个很难啊  
  
447  
00:18:25,100 --> 00:18:25,820  
走不出去  
  
448  
00:18:27,320 --> 00:18:30,000  
所以做学问啊，和做人都是一回事啊  
  
449  
00:18:30,000 --> 00:18:31,750  
都得君子坦荡  
  
450  
00:18:31,750 --> 00:18:33,950  
这古人2000多年前就给咱们讲道理  
  
451  
00:18:33,950 --> 00:18:34,830  
君子坦荡荡  
  
452  
00:18:35,190 --> 00:18:38,480  
那啥样的人才怀着不可告人的秘密啊  
  
453  
00:18:38,640 --> 00:18:41,000  
那古人就讲了，小人常戚戚是吧  
  
454  
00:18:41,200 --> 00:18:43,880  
小人都在桌子底下嘀嘀咕咕的，都那样  
  
455  
00:18:44,000 --> 00:18:45,600  
啥事也不敢拿到明面上来  
  
456  
00:18:45,680 --> 00:18:48,410  
哎呃，都是都是往歪了想  
  
457  
00:18:48,730 --> 00:18:50,650  
那样的话，你读古人的书啊  
  
458  
00:18:51,050 --> 00:18:53,080  
也难以契合啊  
  
459  
00:18:53,360 --> 00:18:54,040  
古人讲啊  
  
460  
00:18:54,200 --> 00:18:58,340  
宋诗文国政简讲义献天心啊  
  
461  
00:18:58,340 --> 00:19:01,780  
那么我们做学问，做学问是干什么啊  
  
462  
00:19:02,540 --> 00:19:02,820  
呃  
  
463  
00:19:03,300 --> 00:19:07,240  
所谓还是吾善养吾浩然之气嘛，对吧  
  
464  
00:19:07,760 --> 00:19:12,000  
那我们治学问的根本还是为了尽性立命啊  
  
465  
00:19:12,000 --> 00:19:14,340  
还是为了我们自己，呃  
  
466  
00:19:14,420 --> 00:19:16,020  
所以这个有很多东西  
  
467  
00:19:16,020 --> 00:19:17,620  
古人的东西如果你不理解呢  
  
468  
00:19:17,620 --> 00:19:20,190  
不要忙着去否定，呃  
  
469  
00:19:20,350 --> 00:19:21,790  
不防存疑对吧  
  
470  
00:19:21,790 --> 00:19:22,830  
就是说古人这么说  
  
471  
00:19:22,830 --> 00:19:24,790  
但是我现在还不明白啊  
  
472  
00:19:24,790 --> 00:19:25,430  
不明白呢  
  
473  
00:19:25,870 --> 00:19:28,360  
呃，那么我先放一放啊  
  
474  
00:19:28,360 --> 00:19:30,280  
看看以后有没有可能明白  
  
475  
00:19:30,520 --> 00:19:32,400  
但是你要是急于攻击古人  
  
476  
00:19:32,800 --> 00:19:34,440  
那就有可能出现一个情况  
  
477  
00:19:34,840 --> 00:19:37,480  
那就真的是道不远人啥呀  
  
478  
00:19:37,560 --> 00:19:38,720  
人自远道啊  
  
479  
00:19:38,720 --> 00:19:41,000  
你自己把自己的慧命就给断了  
  
480  
00:19:42,600 --> 00:19:43,360  
好，往下看  
  
481  
00:19:44,440 --> 00:19:48,510  
额骨胆至胃病啊  
  
482  
00:19:48,590 --> 00:19:50,790  
那么这讲了，咱们说三种胆对吧  
  
483  
00:19:51,110 --> 00:19:54,350  
呃，骨胆、酒胆和什么女老胆  
  
484  
00:19:55,870 --> 00:19:57,790  
那么古胆是第一个啊  
  
485  
00:19:57,830 --> 00:20:01,950  
从这个脾胃饮食这来的额骨胆治胃病呢  
  
486  
00:20:02,510 --> 00:20:03,150  
寒热  
  
487  
00:20:05,520 --> 00:20:06,360  
啊，还没到啊  
  
488  
00:20:06,360 --> 00:20:06,840  
不好意思啊  
  
489  
00:20:06,840 --> 00:20:09,240  
我讲快了，落了一句话啊  
  
490  
00:20:09,240 --> 00:20:09,880  
落了一句话  
  
491  
00:20:11,120 --> 00:20:11,440  
嗯  
  
492  
00:20:12,610 --> 00:20:13,570  
胆而渴者啊  
  
493  
00:20:13,770 --> 00:20:15,090  
这直接跳下头去了  
  
494  
00:20:15,650 --> 00:20:17,130  
胆而渴者，其胆难治  
  
495  
00:20:17,330 --> 00:20:19,050  
胆而不渴者，其胆可治  
  
496  
00:20:19,090 --> 00:20:21,290  
这个是临床中比较常见的一个现象  
  
497  
00:20:21,570 --> 00:20:23,940  
因为我们知道黄疸之病啊  
  
498  
00:20:24,500 --> 00:20:28,140  
他都是以什么为核心病机呀  
  
499  
00:20:28,840 --> 00:20:30,840  
刚才我是不是讲了一个湿瘀的问题啊  
  
500  
00:20:30,840 --> 00:20:31,280  
是不是啊  
  
501  
00:20:31,600 --> 00:20:36,100  
那么如果有湿正常来说，那她渴不渴  
  
502  
00:20:39,160 --> 00:20:40,720  
如果施淤在理啊  
  
503  
00:20:40,720 --> 00:20:42,640  
咱们说这个问题已经于成了啊  
  
504  
00:20:43,080 --> 00:20:46,160  
已经淤成了，那他就不可了  
  
505  
00:20:46,840 --> 00:20:48,280  
是不是自利不渴者属太阴  
  
506  
00:20:48,280 --> 00:20:49,200  
以其脏，有寒故也  
  
507  
00:20:49,200 --> 00:20:50,800  
当温之依附孙逆位啊  
  
508  
00:20:50,800 --> 00:20:52,240  
咱们讲这个讲这个问题啊  
  
509  
00:20:53,330 --> 00:20:54,170  
但是呢  
  
510  
00:20:54,930 --> 00:20:56,530  
呃，这个人恰恰相反  
  
511  
00:20:56,770 --> 00:20:59,730  
不但有食欲，而且渴得厉害  
  
512  
00:21:00,470 --> 00:21:02,270  
那这种情况相对来说啊  
  
513  
00:21:02,270 --> 00:21:04,510  
它是相对就会难治一点  
  
514  
00:21:04,870 --> 00:21:06,950  
但还有一种呢，呃  
  
515  
00:21:07,250 --> 00:21:08,890  
吃鱼之后他一点都不渴  
  
516  
00:21:09,290 --> 00:21:11,290  
那你看浑身可能都是那种浮肿状态  
  
517  
00:21:11,290 --> 00:21:13,210  
然后有黄痰，这种时候啊  
  
518  
00:21:13,410 --> 00:21:14,890  
就相对来说好治  
  
519  
00:21:15,050 --> 00:21:17,180  
这是一个相对，咱明白了没有  
  
520  
00:21:17,380 --> 00:21:19,580  
就像临床上，我一说可能很多同学  
  
521  
00:21:19,580 --> 00:21:20,500  
你就有体会  
  
522  
00:21:21,290 --> 00:21:23,090  
我问你们个问题啊  
  
523  
00:21:24,170 --> 00:21:26,130  
你们认为，比如说针灸  
  
524  
00:21:26,290 --> 00:21:28,370  
咱们有好多搞针灸的同学，是不是  
  
525  
00:21:28,530 --> 00:21:28,730  
哎  
  
526  
00:21:28,730 --> 00:21:29,810  
临床上用过针灸的同学  
  
527  
00:21:30,010 --> 00:21:31,490  
那我问你这个这个问题  
  
528  
00:21:31,770 --> 00:21:33,130  
你在临床上针灸  
  
529  
00:21:33,210 --> 00:21:36,870  
你认为症状越剧烈越容易见效  
  
530  
00:21:37,350 --> 00:21:40,030  
还是症状越不剧烈越容易见效  
  
531  
00:21:41,140 --> 00:21:42,820  
你看我一说，你们都明白  
  
532  
00:21:43,260 --> 00:21:44,980  
其实有的时候你看那个患者  
  
533  
00:21:44,980 --> 00:21:46,900  
你别怕他那个症状多剧烈啊  
  
534  
00:21:46,900 --> 00:21:47,660  
或者多吓人  
  
535  
00:21:48,450 --> 00:21:49,890  
尤其是疼痛症，对不对啊  
  
536  
00:21:50,490 --> 00:21:54,050  
他疼的这个哭的哭天喊地的啊  
  
537  
00:21:54,490 --> 00:21:56,220  
越这样好了  
  
538  
00:21:56,700 --> 00:21:59,380  
这个给你老天爷给你送来的啊  
  
539  
00:21:59,380 --> 00:22:01,980  
就是这种时候你露脸的时候就到了  
  
540  
00:22:01,980 --> 00:22:05,020  
我说这个可能比较直白啊  
  
541  
00:22:05,100 --> 00:22:07,580  
我那那那那个患者  
  
542  
00:22:07,820 --> 00:22:10,700  
如果有患者不小心听见也也不要在意  
  
543  
00:22:11,020 --> 00:22:12,780  
那么我们讨论的是医学道理  
  
544  
00:22:13,020 --> 00:22:13,820  
真是这样  
  
545  
00:22:13,900 --> 00:22:17,100  
同学们，你不要看它很剧烈很剧烈  
  
546  
00:22:17,140 --> 00:22:20,620  
越这样说明他气机出现的偏差越大  
  
547  
00:22:21,100 --> 00:22:24,540  
你给它调整之后它改回来，越出效果  
  
548  
00:22:24,620 --> 00:22:25,300  
是不是这个道理  
  
549  
00:22:25,780 --> 00:22:27,820  
相反跟这一条是一模一样的啊  
  
550  
00:22:28,140 --> 00:22:30,100  
那么一个水湿氏症  
  
551  
00:22:30,680 --> 00:22:34,000  
如果它不可说明失重失重  
  
552  
00:22:34,120 --> 00:22:36,040  
那么你历史容不容易见效  
  
553  
00:22:37,030 --> 00:22:38,470  
就容易见效，明白了吧  
  
554  
00:22:38,750 --> 00:22:39,670  
那相对不渴  
  
555  
00:22:39,830 --> 00:22:41,270  
呃，那个相对口渴啊  
  
556  
00:22:41,770 --> 00:22:43,930  
口渴来说湿相对没那么重了  
  
557  
00:22:44,210 --> 00:22:46,330  
你利湿相对就没那么容易见效  
  
558  
00:22:46,570 --> 00:22:47,850  
换句话说，水肿越厉害  
  
559  
00:22:47,850 --> 00:22:49,900  
你用利水药，他下去越快  
  
560  
00:22:50,260 --> 00:22:51,540  
我说的更直白一点  
  
561  
00:22:51,900 --> 00:22:53,460  
越胖减肥效果越好  
  
562  
00:22:55,010 --> 00:22:56,330  
这道理大家明白了没有  
  
563  
00:22:56,730 --> 00:22:58,650  
哎，我这各种比喻啊  
  
564  
00:22:58,650 --> 00:23:02,010  
就是怕大家想偏差了你，你就明白了  
  
565  
00:23:02,250 --> 00:23:03,570  
越胖越容易减肥  
  
566  
00:23:04,250 --> 00:23:05,330  
明明白那道理了吧  
  
567  
00:23:06,050 --> 00:23:07,850  
哎，你越瘦呢  
  
568  
00:23:07,850 --> 00:23:11,130  
相对来说越容易让它增肥  
  
569  
00:23:11,510 --> 00:23:13,750  
咱咱们反过来这个公平一点啊  
  
570  
00:23:13,750 --> 00:23:15,110  
那这么讲啊  
  
571  
00:23:15,390 --> 00:23:18,190  
当然我指的是除，除了极个别情况啊  
  
572  
00:23:18,570 --> 00:23:21,410  
那么正正好啥样的人最难减肥呢  
  
573  
00:23:21,930 --> 00:23:23,010  
就是不胖不瘦  
  
574  
00:23:24,250 --> 00:23:25,530  
这个大家没有异议吧  
  
575  
00:23:25,530 --> 00:23:27,370  
是不是一个道理啊  
  
576  
00:23:28,250 --> 00:23:31,250  
好往下发于阴部，其人必有阳  
  
577  
00:23:31,250 --> 00:23:34,130  
不必震寒而发热，这个阴阳啊是啥意思  
  
578  
00:23:34,810 --> 00:23:38,280  
呃，伤寒论原文并有发而恶寒者  
  
579  
00:23:38,280 --> 00:23:38,920  
发于阳也  
  
580  
00:23:38,920 --> 00:23:40,120  
无热无寒者，发于阴也  
  
581  
00:23:40,360 --> 00:23:44,590  
发于阳7日愈发于阴6日愈阳数七，阴数六故也啊  
  
582  
00:23:44,590 --> 00:23:46,230  
就他讲的就是这个，呃  
  
583  
00:23:46,230 --> 00:23:47,070  
发于阴部呢  
  
584  
00:23:47,350 --> 00:23:48,950  
他这个跟外感内伤没关系啊  
  
585  
00:23:48,950 --> 00:23:50,230  
他说的就是发于三阴  
  
586  
00:23:51,440 --> 00:23:55,250  
那么六经也可以统或内伤治病对不对  
  
587  
00:23:55,250 --> 00:23:56,490  
我们讲六经前百病  
  
588  
00:23:56,890 --> 00:23:58,450  
因此说在三阴部位  
  
589  
00:23:58,530 --> 00:23:59,850  
其实主要指的是脾吧  
  
590  
00:24:00,250 --> 00:24:02,590  
在脾的时候它容易恶心啊  
  
591  
00:24:02,910 --> 00:24:04,230  
那么在三阳部位呢  
  
592  
00:24:04,350 --> 00:24:05,670  
那这主要指的是太阳  
  
593  
00:24:05,670 --> 00:24:06,630  
太阳主含水嘛  
  
594  
00:24:06,990 --> 00:24:08,900  
因为寒湿相构在里头  
  
595  
00:24:08,900 --> 00:24:10,780  
就是太阴湿土在外头，太阳含水  
  
596  
00:24:11,060 --> 00:24:13,620  
那在太阳含水的时候，振寒发热  
  
597  
00:24:14,330 --> 00:24:16,530  
太阳之为病脉浮头项僵痛，而恶寒  
  
598  
00:24:16,570 --> 00:24:18,850  
是不是太阳病多有寒热之症啊  
  
599  
00:24:19,790 --> 00:24:20,870  
在这就不赘述了  
  
600  
00:24:20,870 --> 00:24:22,870  
好，终于到了第13条啊  
  
601  
00:24:22,870 --> 00:24:24,070  
第13条很重要  
  
602  
00:24:24,650 --> 00:24:25,810  
呃，茵陈蒿汤  
  
603  
00:24:26,490 --> 00:24:27,370  
但这个汤呢  
  
604  
00:24:27,370 --> 00:24:31,730  
在这儿我已经不用非常赘述给大家讲了  
  
605  
00:24:31,730 --> 00:24:32,210  
为啥呢  
  
606  
00:24:32,850 --> 00:24:33,130  
呃  
  
607  
00:24:34,310 --> 00:24:37,750  
本身咱们在伤寒论的时候啊，给大家都说过啊  
  
608  
00:24:38,310 --> 00:24:40,150  
曾经我们都说过这个条文  
  
609  
00:24:41,000 --> 00:24:42,600  
呃，当然伤寒论的时候呢  
  
610  
00:24:42,840 --> 00:24:46,440  
它是有两个条文分数啊，就就就讲这个  
  
611  
00:24:46,760 --> 00:24:46,960  
呃  
  
612  
00:24:46,960 --> 00:24:49,160  
一个就是我刚才说渴饮水浆的那个，对不对啊  
  
613  
00:24:49,390 --> 00:24:52,510  
还有一个是描述他状态身黄如橘子色啊  
  
614  
00:24:53,060 --> 00:24:54,300  
那么这两个条文呢  
  
615  
00:24:54,420 --> 00:24:57,300  
跟他都是用的是阴沉耗汤  
  
616  
00:24:57,890 --> 00:24:59,290  
这块讲的是古胆啊  
  
617  
00:24:59,330 --> 00:25:00,730  
骨胆治胃病什么特点  
  
618  
00:25:01,290 --> 00:25:02,370  
寒热不食  
  
619  
00:25:03,140 --> 00:25:04,020  
就这俩事，儿啊  
  
620  
00:25:04,380 --> 00:25:06,020  
第一，有发而无寒  
  
621  
00:25:07,170 --> 00:25:08,290  
那么为啥发入函  
  
622  
00:25:08,450 --> 00:25:10,130  
其实我们呃  
  
623  
00:25:10,530 --> 00:25:11,490  
回头看啊  
  
624  
00:25:11,490 --> 00:25:15,570  
同学们在这我也说一个说一个事情  
  
625  
00:25:16,260 --> 00:25:16,460  
呃  
  
626  
00:25:17,060 --> 00:25:17,900  
黄疸病啊  
  
627  
00:25:17,900 --> 00:25:20,100  
我们今天实际上在临床中  
  
628  
00:25:20,620 --> 00:25:25,850  
大多数见于跟肝胆消化系统有关的  
  
629  
00:25:25,970 --> 00:25:26,890  
肿瘤和占位  
  
630  
00:25:27,570 --> 00:25:28,570  
这个居多  
  
631  
00:25:28,570 --> 00:25:30,330  
是不是就包括在我们门诊吧  
  
632  
00:25:30,330 --> 00:25:31,210  
可能居多一点  
  
633  
00:25:31,210 --> 00:25:32,090  
但经常有啊  
  
634  
00:25:32,090 --> 00:25:32,810  
总能看见  
  
635  
00:25:33,400 --> 00:25:36,720  
但是在古人来说不是因为古代啊  
  
636  
00:25:37,310 --> 00:25:38,990  
相对更多见  
  
637  
00:25:38,990 --> 00:25:42,070  
而且黄疸很在古代，很有可能啊  
  
638  
00:25:42,070 --> 00:25:43,310  
它是一个常见病  
  
639  
00:25:43,950 --> 00:25:45,650  
为什么肝炎  
  
640  
00:25:46,690 --> 00:25:48,290  
中国是肝炎大国  
  
641  
00:25:48,290 --> 00:25:48,850  
对不对啊  
  
642  
00:25:49,170 --> 00:25:49,370  
哎  
  
643  
00:25:49,410 --> 00:25:51,850  
但是我们现代的医学在进步  
  
644  
00:25:52,490 --> 00:25:57,210  
呃医疗环境和保障也在提高提升  
  
645  
00:25:57,890 --> 00:25:58,170  
呃  
  
646  
00:25:59,410 --> 00:26:00,810  
所以现在肝病呢  
  
647  
00:26:00,810 --> 00:26:04,330  
他不太容易直接就是就是说，呃  
  
648  
00:26:04,570 --> 00:26:05,650  
变成乙肝啊  
  
649  
00:26:05,650 --> 00:26:06,610  
咱们讲这个道理  
  
650  
00:26:07,830 --> 00:26:11,840  
但是在古代吧，那么就不一样啊  
  
651  
00:26:11,880 --> 00:26:15,880  
那那那那，说白了有很多这个原发性的  
  
652  
00:26:16,240 --> 00:26:18,480  
比如说急性黄疸性肝炎  
  
653  
00:26:19,070 --> 00:26:20,350  
那你就能看见  
  
654  
00:26:20,750 --> 00:26:21,390  
包括这个  
  
655  
00:26:21,710 --> 00:26:23,670  
现在有一病都很少见，叫甲肝  
  
656  
00:26:23,710 --> 00:26:24,510  
你们听说过吗  
  
657  
00:26:25,190 --> 00:26:25,390  
哎  
  
658  
00:26:25,630 --> 00:26:28,550  
甲肝是实，实际上跟这个更像啊  
  
659  
00:26:28,550 --> 00:26:29,710  
它传染性极强  
  
660  
00:26:30,210 --> 00:26:31,370  
呃，但是好的也快  
  
661  
00:26:31,970 --> 00:26:34,050  
那么这种时候往往就会有寒热  
  
662  
00:26:34,580 --> 00:26:36,900  
那么肝炎出现之后啊  
  
663  
00:26:36,940 --> 00:26:39,020  
那么我们为什么说肝炎出黄疸  
  
664  
00:26:39,380 --> 00:26:41,780  
其实你细琢磨，肝炎之后  
  
665  
00:26:41,860 --> 00:26:43,020  
肝脏主什么  
  
666  
00:26:44,340 --> 00:26:45,260  
肝主疏泄  
  
667  
00:26:45,420 --> 00:26:46,660  
你千万别忘了这个事  
  
668  
00:26:47,060 --> 00:26:49,460  
那么所谓脾色必黄  
  
669  
00:26:50,750 --> 00:26:53,270  
有一句话叫见肝之病，知肝传脾吧  
  
670  
00:26:53,790 --> 00:26:54,790  
咱们讲这个问题啊  
  
671  
00:26:54,790 --> 00:26:55,710  
这是第一个角度  
  
672  
00:26:56,070 --> 00:26:57,830  
其实还有一个更重要的角度是什么  
  
673  
00:26:58,230 --> 00:27:00,790  
那么遇热以行是什么原因  
  
674  
00:27:00,830 --> 00:27:02,270  
是因为肝不能疏泄了  
  
675  
00:27:02,550 --> 00:27:03,430  
你细想想啊  
  
676  
00:27:03,910 --> 00:27:06,430  
这就是为什么肝炎之后会出现黄疸  
  
677  
00:27:06,910 --> 00:27:10,590  
因为肝木丧失了疏泄的功能，对不对  
  
678  
00:27:10,870 --> 00:27:12,760  
那你疏泄之后，呃  
  
679  
00:27:13,080 --> 00:27:14,440  
它就能解决问题啊  
  
680  
00:27:14,880 --> 00:27:16,960  
所以咱们当代的中医呢  
  
681  
00:27:17,120 --> 00:27:18,520  
包括我本人曾经啊  
  
682  
00:27:18,520 --> 00:27:20,540  
也都被绕进去了啊  
  
683  
00:27:20,620 --> 00:27:24,500  
就是我们受现代知识影响过过深  
  
684  
00:27:25,420 --> 00:27:26,740  
对很多传统的东西吧  
  
685  
00:27:27,060 --> 00:27:28,340  
这个橡树里的思维啊  
  
686  
00:27:28,340 --> 00:27:30,140  
我们我们了解的太少  
  
687  
00:27:30,460 --> 00:27:33,540  
我本人当年啊，就曾经致这个荒诞性  
  
688  
00:27:33,870 --> 00:27:34,070  
呃  
  
689  
00:27:34,190 --> 00:27:35,550  
先天性胆道闭锁症啊  
  
690  
00:27:35,550 --> 00:27:36,910  
这个这个患儿，小孩儿  
  
691  
00:27:37,470 --> 00:27:37,750  
呃  
  
692  
00:27:37,970 --> 00:27:39,370  
我就一直盯着肝胆  
  
693  
00:27:39,450 --> 00:27:41,490  
虽然也见了一些效果  
  
694  
00:27:41,490 --> 00:27:44,290  
但是最后呢，也没能挽救孩子的生命  
  
695  
00:27:44,650 --> 00:27:45,490  
深以为遗憾  
  
696  
00:27:45,890 --> 00:27:49,300  
直到后来呢，我读了这个读伤寒论啊  
  
697  
00:27:49,380 --> 00:27:50,540  
反复的读，反复的读  
  
698  
00:27:50,820 --> 00:27:52,180  
终于有一天悟明白了  
  
699  
00:27:52,180 --> 00:27:55,660  
原来这个东西它不是它跟肝胆啥关系都没有  
  
700  
00:27:55,870 --> 00:27:56,910  
他说的是什么  
  
701  
00:27:57,150 --> 00:27:58,430  
欲是欲  
  
702  
00:27:59,200 --> 00:28:01,480  
哎呀，那个时候恨不得顿足捶胸  
  
703  
00:28:01,560 --> 00:28:04,920  
早怎么不明白这个道理，被绕到肝胆里了  
  
704  
00:28:04,920 --> 00:28:06,040  
明白这个道理了吗  
  
705  
00:28:06,320 --> 00:28:08,480  
肝不能疏泄造成了湿瘀  
  
706  
00:28:09,050 --> 00:28:11,970  
那么我说其他原因就不能造成食欲吗  
  
707  
00:28:12,480 --> 00:28:13,200  
比如湿邪  
  
708  
00:28:13,240 --> 00:28:13,920  
比如淤血  
  
709  
00:28:13,920 --> 00:28:15,520  
比如脾虚，对不对啊  
  
710  
00:28:15,680 --> 00:28:17,000  
都会造成这个问题啊  
  
711  
00:28:17,000 --> 00:28:20,640  
所以你不不要再老盯着肝脏去想黄疸的问题了啊  
  
712  
00:28:20,930 --> 00:28:23,270  
那么它是其中一个重要原因啊  
  
713  
00:28:23,270 --> 00:28:25,350  
这个我并不是否认现代医学  
  
714  
00:28:25,550 --> 00:28:28,190  
我只是说我们在两个平行世界里  
  
715  
00:28:28,630 --> 00:28:30,990  
这两个平行世界没有交点啊  
  
716  
00:28:31,350 --> 00:28:32,030  
没有焦点  
  
717  
00:28:32,110 --> 00:28:34,550  
但有一些东西能互相印证啊  
  
718  
00:28:35,350 --> 00:28:37,350  
那么你就不要硬去找焦点啊  
  
719  
00:28:38,450 --> 00:28:41,530  
所以这块呃，一个是寒热啊  
  
720  
00:28:42,590 --> 00:28:43,670  
第二呢，就是不食  
  
721  
00:28:43,950 --> 00:28:47,310  
那么肝病之后，咱们说他肯定肝木克脾土嘛  
  
722  
00:28:47,310 --> 00:28:47,670  
对吧  
  
723  
00:28:48,070 --> 00:28:49,070  
脾胃就会出问题  
  
724  
00:28:49,070 --> 00:28:50,190  
尤其他还是古胆  
  
725  
00:28:50,590 --> 00:28:52,190  
古胆呢，就是暴饮暴食来的嘛  
  
726  
00:28:52,990 --> 00:28:55,110  
呃，实际头悬  
  
727  
00:28:56,060 --> 00:28:57,060  
一吃就头晕  
  
728  
00:28:57,060 --> 00:28:57,380  
为啥  
  
729  
00:28:57,380 --> 00:28:58,100  
因为脾虚嘛  
  
730  
00:28:59,020 --> 00:29:01,500  
心胸不安，久久发黄  
  
731  
00:29:02,880 --> 00:29:03,080  
呃  
  
732  
00:29:03,360 --> 00:29:05,200  
心胸部位啊  
  
733  
00:29:05,200 --> 00:29:06,760  
他讲讲这个位置啊  
  
734  
00:29:07,720 --> 00:29:09,760  
不安，因为脾不能升清  
  
735  
00:29:09,880 --> 00:29:10,760  
胃不能降浊  
  
736  
00:29:12,850 --> 00:29:13,650  
时间长了  
  
737  
00:29:13,650 --> 00:29:17,760  
那么经过一段时间之后啊，则会发黄  
  
738  
00:29:18,560 --> 00:29:21,720  
这个呢就叫孤胆用阴沉熬汤  
  
739  
00:29:22,390 --> 00:29:22,590  
呃  
  
740  
00:29:22,630 --> 00:29:24,350  
这个江监法啊  
  
741  
00:29:24,350 --> 00:29:26,950  
包括江西法，跟伤寒论中一模一样  
  
742  
00:29:26,950 --> 00:29:27,590  
没啥特殊  
  
743  
00:29:27,590 --> 00:29:30,350  
要说的呃，简单说一下吧  
  
744  
00:29:30,630 --> 00:29:32,010  
讲到这了，呃  
  
745  
00:29:32,090 --> 00:29:32,890  
阴沉呢  
  
746  
00:29:33,010 --> 00:29:35,670  
一定要先煎啊  
  
747  
00:29:35,870 --> 00:29:40,370  
先奸本身他一个能利湿，能去黄它  
  
748  
00:29:40,370 --> 00:29:41,370  
不不不，不  
  
749  
00:29:41,370 --> 00:29:43,050  
光是黄疸能用阴沉啊  
  
750  
00:29:43,090 --> 00:29:45,520  
那我这个门诊上我也经常用  
  
751  
00:29:45,560 --> 00:29:47,680  
那有阴沉，那也不见得一定要有黄疸  
  
752  
00:29:47,880 --> 00:29:49,160  
有湿就行，对不对啊  
  
753  
00:29:49,160 --> 00:29:52,560  
有湿瘀呃，合适的就可以用  
  
754  
00:29:53,040 --> 00:29:54,240  
那么古人认为呢  
  
755  
00:29:54,520 --> 00:29:56,280  
阴沉这种草  
  
756  
00:29:57,480 --> 00:30:00,560  
凌冬不死，因辰本而生啊  
  
757  
00:30:00,560 --> 00:30:02,080  
这是张延安先生说的  
  
758  
00:30:02,360 --> 00:30:03,000  
这什么意思  
  
759  
00:30:03,000 --> 00:30:04,400  
过冬都没事  
  
760  
00:30:04,680 --> 00:30:05,440  
第2年呢  
  
761  
00:30:05,440 --> 00:30:08,880  
在那个过去去年的那个旧根上，它又能发出来  
  
762  
00:30:09,360 --> 00:30:12,000  
那么这个叫因成本而生，呃  
  
763  
00:30:12,240 --> 00:30:14,720  
那么这种状态之下  
  
764  
00:30:16,100 --> 00:30:18,060  
这种状态之下，呃  
  
765  
00:30:19,660 --> 00:30:22,940  
就会就会这个这个本身啊  
  
766  
00:30:22,940 --> 00:30:23,740  
我们讲叫什么  
  
767  
00:30:23,740 --> 00:30:25,420  
春3月谓之发沉，对吧  
  
768  
00:30:25,660 --> 00:30:28,380  
他就有一个作用，叫推陈致新啊  
  
769  
00:30:28,380 --> 00:30:29,700  
能把过去的东西推掉  
  
770  
00:30:30,020 --> 00:30:32,580  
把新的东西把把它引过来啊  
  
771  
00:30:32,580 --> 00:30:35,220  
推陈致新，所以能治疗很多什么呢  
  
772  
00:30:35,700 --> 00:30:38,610  
这个阴沉积久之病  
  
773  
00:30:39,090 --> 00:30:41,770  
那么我们说人体之中六淫  
  
774  
00:30:42,310 --> 00:30:47,130  
哪一个邪气是最阴沉积久不去之之邪呢  
  
775  
00:30:47,570 --> 00:30:49,570  
那么一定就是对大家都猜到了  
  
776  
00:30:49,570 --> 00:30:49,890  
哈哈  
  
777  
00:30:50,090 --> 00:30:51,050  
都是他对吧  
  
778  
00:30:51,510 --> 00:30:54,030  
湿邪，所以阴沉专门是干这个事  
  
779  
00:30:54,030 --> 00:30:54,510  
儿啊  
  
780  
00:30:54,990 --> 00:30:55,670  
同时呢  
  
781  
00:30:55,670 --> 00:30:59,630  
他在推陈的时候，由于他能因沉而生心  
  
782  
00:30:59,830 --> 00:31:01,190  
你不要忘了这个事啊  
  
783  
00:31:02,380 --> 00:31:07,100  
春3月为之发沉，它所以说合于肝胆生发之气能舒发  
  
784  
00:31:07,930 --> 00:31:09,730  
所以恰恰能去什么呀  
  
785  
00:31:10,090 --> 00:31:11,730  
预热明白了吧  
  
786  
00:31:12,250 --> 00:31:12,530  
唉  
  
787  
00:31:13,030 --> 00:31:16,150  
肝木能疏脾土，它就它就起这个作用啊  
  
788  
00:31:16,590 --> 00:31:18,550  
所以有的时候你别问我说老师  
  
789  
00:31:18,590 --> 00:31:21,830  
那柴胡也能推人至新阴沉蒿也能推人之心  
  
790  
00:31:21,830 --> 00:31:24,910  
那他俩为啥你不你你你不用柴胡呢  
  
791  
00:31:24,910 --> 00:31:25,190  
对吧  
  
792  
00:31:25,510 --> 00:31:28,590  
那我刚才说的我想已经非常明白了啊  
  
793  
00:31:28,950 --> 00:31:30,590  
中药里头很多东西相似  
  
794  
00:31:31,070 --> 00:31:32,550  
但相似不代表相等  
  
795  
00:31:32,930 --> 00:31:35,130  
你得取它不同的性情，对不对啊  
  
796  
00:31:35,330 --> 00:31:37,970  
柴胡取什么同春发陈的意思啊  
  
797  
00:31:38,190 --> 00:31:39,670  
一半在上一半在下  
  
798  
00:31:39,670 --> 00:31:40,550  
我给大家讲过吧  
  
799  
00:31:40,830 --> 00:31:43,430  
一半是草，一半是木甲乙木铜具  
  
800  
00:31:43,730 --> 00:31:45,930  
那么香气直通九霄啊  
  
801  
00:31:45,970 --> 00:31:50,610  
咱们讲这个道理，它是起这个这个舒少阳的作用啊  
  
802  
00:31:50,980 --> 00:31:52,300  
那么跟这个是两回事  
  
803  
00:31:52,300 --> 00:31:53,660  
这个是律师啊  
  
804  
00:31:53,740 --> 00:31:55,380  
他俩走的方向不一样  
  
805  
00:31:56,910 --> 00:32:00,850  
当然你也可以理解那个呃，阴沉蒿啊  
  
806  
00:32:01,290 --> 00:32:04,610  
是这个尸尸界的柴胡对吧  
  
807  
00:32:05,010 --> 00:32:06,810  
柴胡是邵阳界的阴沉  
  
808  
00:32:07,570 --> 00:32:09,290  
就是跨界的整合对吧  
  
809  
00:32:09,730 --> 00:32:09,930  
哎  
  
810  
00:32:09,930 --> 00:32:11,530  
就是摄影里中医最厉害的  
  
811  
00:32:11,530 --> 00:32:13,010  
中医里头摄影最厉害的啊  
  
812  
00:32:13,410 --> 00:32:15,690  
咱们讲这个问题，现在讲跨界嘛  
  
813  
00:32:16,480 --> 00:32:18,960  
那么阴沉626者为水数啊  
  
814  
00:32:18,960 --> 00:32:20,440  
这个我就不赘述了吧  
  
815  
00:32:21,770 --> 00:32:23,050  
那么先奸啊  
  
816  
00:32:23,090 --> 00:32:23,690  
先奸呢  
  
817  
00:32:23,690 --> 00:32:27,410  
就取他这个那个罚陈殿后之意，对不对啊  
  
818  
00:32:29,840 --> 00:32:30,040  
呃  
  
819  
00:32:30,600 --> 00:32:34,150  
服服了之后呢呃，小便当利  
  
820  
00:32:34,390 --> 00:32:36,710  
这跟伤寒论说的一模一样啊  
  
821  
00:32:36,750 --> 00:32:38,150  
尿如什么什么呢  
  
822  
00:32:38,470 --> 00:32:39,870  
伤寒论他差了一个字  
  
823  
00:32:39,870 --> 00:32:41,830  
伤寒论叫如造假之对吧  
  
824  
00:32:42,250 --> 00:32:44,730  
这个告诉你如皂角之都一样啊  
  
825  
00:32:47,260 --> 00:32:48,460  
那么造假之啥  
  
826  
00:32:48,500 --> 00:32:51,190  
颜色就跟红墨水一样  
  
827  
00:32:51,990 --> 00:32:53,990  
那么据现代医学研究  
  
828  
00:32:54,110 --> 00:32:56,510  
是因为它里头含有大量的胆红素  
  
829  
00:32:57,410 --> 00:32:58,410  
就是这个原因啊  
  
830  
00:32:59,090 --> 00:33:00,410  
色正赤对不对啊  
  
831  
00:33:01,010 --> 00:33:01,210  
哎  
  
832  
00:33:01,290 --> 00:33:02,090  
红色的啊  
  
833  
00:33:02,530 --> 00:33:05,050  
一宿，这个复检啊  
  
834  
00:33:05,290 --> 00:33:08,290  
小便呃呃黄从小便去  
  
835  
00:33:10,230 --> 00:33:13,030  
这就是印缠熬汤，在这儿我们不赘述了  
  
836  
00:33:13,030 --> 00:33:13,910  
接着往下看  
  
837  
00:33:15,380 --> 00:33:17,020  
呃，下一个条文呢  
  
838  
00:33:17,340 --> 00:33:18,620  
比较经典啊  
  
839  
00:33:19,740 --> 00:33:21,140  
叫呃  
  
840  
00:33:22,370 --> 00:33:25,050  
消食繁石丸啊这个汤症  
  
841  
00:33:27,080 --> 00:33:27,920  
说这么一个事  
  
842  
00:33:28,360 --> 00:33:31,040  
皇家日不索发热  
  
843  
00:33:32,260 --> 00:33:32,460  
呃  
  
844  
00:33:32,780 --> 00:33:35,700  
他这儿呢，就说了一个概念啊  
  
845  
00:33:35,780 --> 00:33:37,420  
叫日不锁啊  
  
846  
00:33:37,460 --> 00:33:38,760  
日不索，呃  
  
847  
00:33:38,760 --> 00:33:40,200  
日普索是啥时候呢  
  
848  
00:33:40,240 --> 00:33:42,200  
有很多人是说是申时啊  
  
849  
00:33:42,400 --> 00:33:45,520  
其实啊，它跟申时还不完全一样  
  
850  
00:33:46,080 --> 00:33:49,060  
古人呢，按照哦人的作息时间  
  
851  
00:33:49,660 --> 00:33:51,980  
阳气和阴气的消长关系  
  
852  
00:33:52,260 --> 00:33:54,660  
把一天分成了12个等份  
  
853  
00:33:54,950 --> 00:33:57,070  
其中有一个就叫日播啊  
  
854  
00:33:57,110 --> 00:33:59,590  
就是当当然这个约等于申时  
  
855  
00:33:59,590 --> 00:34:01,070  
他俩差不多可以互用  
  
856  
00:34:02,050 --> 00:34:02,250  
呃  
  
857  
00:34:02,370 --> 00:34:04,530  
那么为什么这个时候发热  
  
858  
00:34:05,170 --> 00:34:07,090  
我们就讲这个道理啊，呃  
  
859  
00:34:07,090 --> 00:34:08,050  
你还得往后看  
  
860  
00:34:08,050 --> 00:34:11,320  
这块是有点倒叙而反，恶寒恶寒  
  
861  
00:34:11,320 --> 00:34:13,719  
说明这个这个氧，你虽有发热  
  
862  
00:34:13,719 --> 00:34:15,440  
但是反恶寒说的是什么  
  
863  
00:34:16,750 --> 00:34:17,909  
就跟他不一样，对不对  
  
864  
00:34:17,909 --> 00:34:18,550  
就是蹊跷  
  
865  
00:34:19,150 --> 00:34:21,429  
怎么起巧那发热正常来说不能怕冷了吧  
  
866  
00:34:21,909 --> 00:34:22,949  
但不对，这个怕冷  
  
867  
00:34:23,230 --> 00:34:24,469  
那么为啥怕冷  
  
868  
00:34:25,360 --> 00:34:28,000  
此为女劳得志，看明白了吧  
  
869  
00:34:28,480 --> 00:34:29,679  
所以这个你要画呀  
  
870  
00:34:29,679 --> 00:34:31,800  
症状就俩症状，第一个症状  
  
871  
00:34:32,739 --> 00:34:33,219  
发黄  
  
872  
00:34:35,980 --> 00:34:36,380  
对不对  
  
873  
00:34:36,900 --> 00:34:39,940  
第二症状在日不所发热的时候反无寒  
  
874  
00:34:41,560 --> 00:34:42,120  
明白了吧  
  
875  
00:34:42,639 --> 00:34:44,199  
所以主线非常明确  
  
876  
00:34:44,199 --> 00:34:46,199  
那刚才我们说女老板到底长啥样  
  
877  
00:34:46,199 --> 00:34:47,760  
女老板就长这样，明白了吧  
  
878  
00:34:48,560 --> 00:34:48,880  
哎  
  
879  
00:34:49,860 --> 00:34:50,580  
就长这样  
  
880  
00:34:51,020 --> 00:34:55,219  
呃，此为女劳得之啊  
  
881  
00:34:56,540 --> 00:34:57,860  
那么呃  
  
882  
00:35:00,260 --> 00:35:00,820  
女劳啊  
  
883  
00:35:00,820 --> 00:35:03,220  
我们主要指的是房劳过度  
  
884  
00:35:03,930 --> 00:35:07,730  
伤及了什么精气神之中的什么经啊  
  
885  
00:35:07,770 --> 00:35:09,250  
伤了这个呃  
  
886  
00:35:11,520 --> 00:35:14,280  
精气被损，那么所以说呀  
  
887  
00:35:14,720 --> 00:35:17,400  
为什么叫日不锁的时候会发热  
  
888  
00:35:18,400 --> 00:35:21,400  
呃呃，我们之前给大家讲过很多概念啊  
  
889  
00:35:21,400 --> 00:35:23,280  
就是所谓阳明少阴，两观津液  
  
890  
00:35:23,720 --> 00:35:25,960  
所谓燥热相邻等等啊，呃  
  
891  
00:35:25,960 --> 00:35:27,360  
实际上这些东西呢  
  
892  
00:35:27,600 --> 00:35:31,790  
实话实说都来源于古代的，呃  
  
893  
00:35:32,110 --> 00:35:32,870  
古天文学  
  
894  
00:35:33,790 --> 00:35:34,070  
呃  
  
895  
00:35:35,040 --> 00:35:36,320  
其实天文学啊  
  
896  
00:35:36,320 --> 00:35:39,600  
包括有的时候我我可能受家师沈先生影响啊  
  
897  
00:35:39,600 --> 00:35:42,440  
那么会提一些跟这个天文啊  
  
898  
00:35:42,840 --> 00:35:45,380  
跟古内算啊比较相关的概念  
  
899  
00:35:45,900 --> 00:35:46,820  
呃，我个人呢  
  
900  
00:35:46,820 --> 00:35:48,140  
有些东西我也爱好啊  
  
901  
00:35:48,140 --> 00:35:51,420  
但是了解的呃，学的也并不深啊  
  
902  
00:35:51,420 --> 00:35:53,580  
现在呢，也在从头学啊  
  
903  
00:35:53,620 --> 00:35:54,540  
1.1点学习  
  
904  
00:35:55,110 --> 00:35:56,950  
呃，我觉得这些东西吧  
  
905  
00:35:57,070 --> 00:35:58,790  
你如果说我就是想当医生  
  
906  
00:35:58,870 --> 00:36:03,070  
我想被把病这个知道哪个病大概用哪个方  
  
907  
00:36:03,250 --> 00:36:04,770  
你其实这些东西你不学也行  
  
908  
00:36:05,410 --> 00:36:09,130  
但是你如果说呢，我想理解的透彻一点  
  
909  
00:36:10,050 --> 00:36:13,810  
我光会用不行，我还得知道它里头咋回事  
  
910  
00:36:15,110 --> 00:36:16,190  
那你就不学  
  
911  
00:36:16,190 --> 00:36:18,750  
不行，我再说个更简单的道理  
  
912  
00:36:18,910 --> 00:36:20,910  
就像你说我就想开车  
  
913  
00:36:22,140 --> 00:36:22,700  
明白了吧  
  
914  
00:36:23,180 --> 00:36:25,340  
那你其实你就知道哪个是挡  
  
915  
00:36:25,540 --> 00:36:26,500  
哪个是方向盘  
  
916  
00:36:26,540 --> 00:36:29,250  
哪个是手刹，哪个是油门  
  
917  
00:36:30,010 --> 00:36:30,370  
对吧  
  
918  
00:36:30,970 --> 00:36:33,560  
呃，哪个是刹车就够了  
  
919  
00:36:34,080 --> 00:36:35,960  
但是你要说想我想把车开好  
  
920  
00:36:36,920 --> 00:36:41,480  
说句实话，你还真得了解一下什么叫变速器啊  
  
921  
00:36:42,120 --> 00:36:43,720  
变速箱啊，发动机呀  
  
922  
00:36:44,300 --> 00:36:44,500  
呃  
  
923  
00:36:44,740 --> 00:36:45,900  
悬挂啊，是不是啊  
  
924  
00:36:46,340 --> 00:36:49,380  
哎，那么你能把它的作用发挥的好一点  
  
925  
00:36:49,860 --> 00:36:50,700  
古人啊  
  
926  
00:36:52,470 --> 00:36:55,950  
立竿测影，坐地观天啊  
  
927  
00:36:56,590 --> 00:36:57,270  
用这个呢  
  
928  
00:36:57,350 --> 00:36:59,220  
以地平线，哎  
  
929  
00:36:59,700 --> 00:37:00,740  
为这个基础  
  
930  
00:37:01,340 --> 00:37:02,820  
那么定了什么啊  
  
931  
00:37:03,220 --> 00:37:04,820  
这个这个古人啊  
  
932  
00:37:05,140 --> 00:37:06,940  
这个赤道的，呃  
  
933  
00:37:07,180 --> 00:37:08,060  
整个赤道的  
  
934  
00:37:08,060 --> 00:37:11,580  
这个这个这个圈在上头分出了12经  
  
935  
00:37:12,790 --> 00:37:13,830  
也就是什么呢  
  
936  
00:37:13,830 --> 00:37:15,550  
这个是12地支嘛  
  
937  
00:37:15,970 --> 00:37:16,170  
哎  
  
938  
00:37:16,250 --> 00:37:17,010  
12地支嘛  
  
939  
00:37:17,450 --> 00:37:18,530  
那么从这里头呢  
  
940  
00:37:18,770 --> 00:37:20,290  
那么有一个结论啊  
  
941  
00:37:20,290 --> 00:37:23,920  
那么在古天文学里头比较重要的一个知识，呃  
  
942  
00:37:24,520 --> 00:37:26,800  
从这个12地支上来论啊  
  
943  
00:37:26,840 --> 00:37:30,950  
我们说冬至日的时候啊  
  
944  
00:37:33,360 --> 00:37:34,760  
初巳而入亥  
  
945  
00:37:36,810 --> 00:37:39,650  
而到了夏至日出银而入深  
  
946  
00:37:41,310 --> 00:37:41,910  
阳气啊  
  
947  
00:37:41,910 --> 00:37:45,870  
阳气你看那个往下走啊到夏至夏至  
  
948  
00:37:45,870 --> 00:37:47,310  
阳气最隆盛的时候吧  
  
949  
00:37:47,970 --> 00:37:49,570  
到申时的时候往下走  
  
950  
00:37:50,090 --> 00:37:53,090  
所以申时也就是日补索主下降  
  
951  
00:37:53,850 --> 00:37:56,970  
因此在整个伤寒论和金匮要略体系之中  
  
952  
00:37:57,330 --> 00:38:01,890  
都把这个时间段作为阳气下降的一个重要的标志  
  
953  
00:38:02,050 --> 00:38:06,770  
因此你会发现大量的所谓日普所小有潮热，对吧  
  
954  
00:38:07,050 --> 00:38:08,130  
日仆所发潮热  
  
955  
00:38:08,530 --> 00:38:10,450  
日仆所聚，那为什么  
  
956  
00:38:11,950 --> 00:38:12,470  
为什么  
  
957  
00:38:12,710 --> 00:38:14,190  
不是因为日仆所具  
  
958  
00:38:15,350 --> 00:38:16,950  
大家明白我这个表述了没有  
  
959  
00:38:17,740 --> 00:38:19,820  
哎，因为前头那一大套系统  
  
960  
00:38:20,100 --> 00:38:24,230  
所以说如果想真正的把中医深究啊，呃  
  
961  
00:38:24,390 --> 00:38:24,950  
实话实说  
  
962  
00:38:24,950 --> 00:38:30,160  
你还真得不得不往古人的那个思路上多靠一靠啊  
  
963  
00:38:30,160 --> 00:38:31,960  
多探一探在这上面吧  
  
964  
00:38:32,000 --> 00:38:33,120  
我跟你们相同  
  
965  
00:38:33,590 --> 00:38:33,790  
呃  
  
966  
00:38:34,030 --> 00:38:36,030  
基本上我知道这点很浅陋  
  
967  
00:38:36,190 --> 00:38:36,750  
呃，很少  
  
968  
00:38:37,110 --> 00:38:38,940  
基本等于不知道啊  
  
969  
00:38:38,940 --> 00:38:41,140  
所以我们都是同学啊，呃  
  
970  
00:38:41,540 --> 00:38:43,820  
都是这个这个这个呃  
  
971  
00:38:43,820 --> 00:38:46,340  
一起学习的，一起精进的同学  
  
972  
00:38:46,900 --> 00:38:47,180  
呃  
  
973  
00:38:47,830 --> 00:38:50,390  
所以希望吧，我们的目的只有一个  
  
974  
00:38:50,390 --> 00:38:54,310  
就是把我们祖国的这个传统的传承文化  
  
975  
00:38:54,350 --> 00:38:55,110  
我们的根脉  
  
976  
00:38:55,390 --> 00:38:56,470  
咱把它守护住  
  
977  
00:38:56,840 --> 00:38:58,080  
千万别瞧不起他  
  
978  
00:38:58,160 --> 00:38:59,440  
更别去伤害它  
  
979  
00:38:59,800 --> 00:39:01,840  
甚至我呢，现在听说一些声音  
  
980  
00:39:02,160 --> 00:39:04,650  
就是有人倡议要把五行啊  
  
981  
00:39:04,690 --> 00:39:06,130  
从中医里头抠出去  
  
982  
00:39:06,570 --> 00:39:06,850  
呃  
  
983  
00:39:07,120 --> 00:39:09,320  
我虽然也知道啊  
  
984  
00:39:09,360 --> 00:39:13,920  
这个古人古人也也也也也讲过一些事啊  
  
985  
00:39:14,520 --> 00:39:14,800  
嗯  
  
986  
00:39:15,930 --> 00:39:17,090  
比如有的时代吧  
  
987  
00:39:17,090 --> 00:39:19,620  
他可能各种学说都会出现，呃  
  
988  
00:39:19,980 --> 00:39:21,700  
那这个也是没有办法的事啊  
  
989  
00:39:21,780 --> 00:39:25,100  
主古人认为是用迷信的说法叫众生共业对吧  
  
990  
00:39:25,420 --> 00:39:27,950  
他甚至认为他干的是好事啊  
  
991  
00:39:27,950 --> 00:39:30,470  
他自己意识不知道他干的是坏事啊，呃  
  
992  
00:39:30,670 --> 00:39:31,710  
这是最可悲的  
  
993  
00:39:31,950 --> 00:39:34,380  
但是呢，我们反过来说啊  
  
994  
00:39:34,380 --> 00:39:35,460  
就是很心疼啊  
  
995  
00:39:35,460 --> 00:39:37,700  
就古人这点东西，保佑我们这么多年啊  
  
996  
00:39:37,700 --> 00:39:38,340  
护佑我们  
  
997  
00:39:38,700 --> 00:39:42,900  
最后我们自己的这这这个不孝子孙啊  
  
998  
00:39:42,940 --> 00:39:45,940  
那那想把他给给玩废了啊  
  
999  
00:39:45,940 --> 00:39:47,620  
我就心里头不落忍  
  
1000  
00:39:47,980 --> 00:39:50,700  
所以呢，也是在这个发心之下吧  
  
1001  
00:39:51,020 --> 00:39:51,220  
呃  
  
1002  
00:39:51,300 --> 00:39:56,320  
希望把我会的一些东西那么呃尽可能的分享给大家啊  
  
1003  
00:39:56,560 --> 00:39:59,120  
那么咱们共同把这个东西传承下去  
  
1004  
00:39:59,780 --> 00:40:00,860  
那么从这个角度来说  
  
1005  
00:40:00,940 --> 00:40:02,740  
日不所发潮热，你就明白了  
  
1006  
00:40:02,740 --> 00:40:06,020  
那么这个时候啊，是阳气内入的一个时间  
  
1007  
00:40:06,910 --> 00:40:09,750  
那么我们说也是合于阳明，阳明主土吧  
  
1008  
00:40:10,110 --> 00:40:11,310  
万物所归，无所复传  
  
1009  
00:40:11,590 --> 00:40:14,310  
那么说明这个时间土圣土圣  
  
1010  
00:40:14,970 --> 00:40:16,610  
水败土就能治水  
  
1011  
00:40:17,250 --> 00:40:19,770  
那么女劳的特点是不是肾水空虚啊  
  
1012  
00:40:20,640 --> 00:40:22,480  
那么一到土气势旺的时候  
  
1013  
00:40:22,480 --> 00:40:23,520  
阳明失旺的时候  
  
1014  
00:40:23,800 --> 00:40:25,640  
那么水气受克  
  
1015  
00:40:26,040 --> 00:40:27,600  
其实这里头你能离开五行吗  
  
1016  
00:40:27,600 --> 00:40:28,680  
咱们说这个道理啊  
  
1017  
00:40:28,990 --> 00:40:31,550  
虽然你我说中医，他很伟大啊  
  
1018  
00:40:32,650 --> 00:40:33,730  
其实中医非常伟大  
  
1019  
00:40:34,650 --> 00:40:38,330  
你信不信中医比比如说我们有六经有五脏  
  
1020  
00:40:39,450 --> 00:40:40,970  
呃，有症状  
  
1021  
00:40:41,850 --> 00:40:44,570  
你把任何一个东西砍掉你都能说明白事  
  
1022  
00:40:45,510 --> 00:40:46,270  
这你信不信  
  
1023  
00:40:46,710 --> 00:40:50,530  
比如说你排除掉五行，排除掉症状  
  
1024  
00:40:50,570 --> 00:40:51,650  
我就拿六经说事  
  
1025  
00:40:51,650 --> 00:40:53,850  
儿，我就能把所有事都说明白  
  
1026  
00:40:54,340 --> 00:40:56,500  
但是呢，你反过来也是一样  
  
1027  
00:40:56,500 --> 00:40:57,980  
就是我把五行砍掉  
  
1028  
00:40:58,020 --> 00:41:01,370  
把六经砍掉，我就用症状还能说明白事  
  
1029  
00:41:01,370 --> 00:41:03,810  
比如说我们方正学派玩的不是很好吗  
  
1030  
00:41:03,810 --> 00:41:04,690  
就说这个道理  
  
1031  
00:41:05,290 --> 00:41:07,570  
但是你不能因为在你那个角度  
  
1032  
00:41:08,050 --> 00:41:09,490  
你摸到了大象一条腿  
  
1033  
00:41:10,370 --> 00:41:11,770  
你就认为这就是大象  
  
1034  
00:41:11,770 --> 00:41:12,730  
我摸着了  
  
1035  
00:41:15,720 --> 00:41:18,720  
然后你认为摸象鼻子的那个人摸的就是别的东西  
  
1036  
00:41:19,040 --> 00:41:20,280  
其实他摸的也是大象  
  
1037  
00:41:20,280 --> 00:41:20,920  
明白了吗  
  
1038  
00:41:21,540 --> 00:41:24,980  
我们对于我们不懂的东西要什么六合之外治  
  
1039  
00:41:24,980 --> 00:41:27,620  
而不论就是你你你，你知道有这东西  
  
1040  
00:41:27,740 --> 00:41:32,540  
但是我们要怀着敬畏的心去学习它啊，说这个事  
  
1041  
00:41:32,900 --> 00:41:35,060  
所以从不同层面这一句话都能解释  
  
1042  
00:41:35,220 --> 00:41:37,720  
你看我刚才解释好几个版本了啊  
  
1043  
00:41:37,720 --> 00:41:39,960  
从12地支也就是六经的角度对不对  
  
1044  
00:41:40,200 --> 00:41:41,960  
从五行的角度，从症状的角度  
  
1045  
00:41:42,120 --> 00:41:43,160  
这不都能解释吗  
  
1046  
00:41:43,920 --> 00:41:44,200  
啊  
  
1047  
00:41:45,060 --> 00:41:46,460  
但是哪个都哪个对呢  
  
1048  
00:41:47,140 --> 00:41:47,740  
哪个都对  
  
1049  
00:41:48,220 --> 00:41:49,380  
哪个错，哪个都没错  
  
1050  
00:41:50,100 --> 00:41:51,300  
我对不代表你错  
  
1051  
00:41:51,500 --> 00:41:53,100  
你对也不代表我错  
  
1052  
00:41:54,250 --> 00:41:54,850  
咱们都对  
  
1053  
00:41:56,090 --> 00:41:59,480  
能明白对方对才是高手啊  
  
1054  
00:41:59,520 --> 00:42:00,840  
你细琢磨我这句话啊  
  
1055  
00:42:01,160 --> 00:42:04,050  
能明白对方也对才是高手  
  
1056  
00:42:04,930 --> 00:42:07,290  
你只明白你自己对就是行  
  
1057  
00:42:07,290 --> 00:42:08,490  
你可以出门走路了  
  
1058  
00:42:09,420 --> 00:42:10,740  
撞不着你对不对啊  
  
1059  
00:42:11,100 --> 00:42:11,300  
哎  
  
1060  
00:42:11,300 --> 00:42:13,620  
你能到地方，但是可能绕点远  
  
1061  
00:42:14,300 --> 00:42:16,620  
你能明白对方也对，你才知道啊  
  
1062  
00:42:16,620 --> 00:42:18,140  
你走那条路也挺好  
  
1063  
00:42:18,500 --> 00:42:20,380  
有可能远点，有可能比我还近  
  
1064  
00:42:21,140 --> 00:42:22,460  
那你要进我就走你的路  
  
1065  
00:42:23,580 --> 00:42:24,660  
从善如流啊  
  
1066  
00:42:24,820 --> 00:42:26,980  
古人都很谦虚的从善如流啊  
  
1067  
00:42:28,810 --> 00:42:29,010  
额  
  
1068  
00:42:29,370 --> 00:42:32,490  
膀胱极少妇满身近黄  
  
1069  
00:42:32,610 --> 00:42:34,700  
额上黑，足下热  
  
1070  
00:42:34,700 --> 00:42:36,700  
这个就严重了呃  
  
1071  
00:42:36,780 --> 00:42:39,620  
膀胱极说的不是膀胱极，是尿急是不是啊  
  
1072  
00:42:40,180 --> 00:42:41,200  
哎呃  
  
1073  
00:42:41,440 --> 00:42:42,920  
少妇满，那么这个急呀  
  
1074  
00:42:43,320 --> 00:42:44,200  
说的是啥概念  
  
1075  
00:42:44,760 --> 00:42:46,120  
有欲变的状态  
  
1076  
00:42:46,160 --> 00:42:47,120  
但是小便呢  
  
1077  
00:42:47,440 --> 00:42:48,160  
还不通利  
  
1078  
00:42:48,840 --> 00:42:51,560  
就是膀胱出现了亟待解决的问题  
  
1079  
00:42:52,000 --> 00:42:53,960  
那膀胱啥问题解决亟待解决  
  
1080  
00:42:53,960 --> 00:42:55,040  
俺们都撒不出来尿吗  
  
1081  
00:42:55,040 --> 00:42:55,520  
是不是  
  
1082  
00:42:56,120 --> 00:42:56,400  
哎  
  
1083  
00:42:57,220 --> 00:43:01,340  
小便特别急就去了到那还啥也没有，特别难受啊  
  
1084  
00:43:01,580 --> 00:43:02,420  
欲变而不得  
  
1085  
00:43:02,700 --> 00:43:03,860  
所以说小肚子满  
  
1086  
00:43:04,390 --> 00:43:07,270  
所以说水憋在里头了，必然什么样  
  
1087  
00:43:07,790 --> 00:43:08,670  
一身金黄  
  
1088  
00:43:08,670 --> 00:43:09,150  
看见了吧  
  
1089  
00:43:09,470 --> 00:43:10,710  
它是一脉相承的啊  
  
1090  
00:43:11,430 --> 00:43:11,630  
呃  
  
1091  
00:43:11,630 --> 00:43:13,590  
那么时间久了，咱们说女劳啊  
  
1092  
00:43:13,710 --> 00:43:14,390  
时间久了  
  
1093  
00:43:14,910 --> 00:43:17,260  
那么额上黑，足下热  
  
1094  
00:43:17,260 --> 00:43:18,700  
咱们上次讲过这个问题吧  
  
1095  
00:43:18,700 --> 00:43:19,180  
还记得吧  
  
1096  
00:43:19,500 --> 00:43:20,220  
黑胆的问题  
  
1097  
00:43:20,220 --> 00:43:21,620  
我说我，我举了一个例子  
  
1098  
00:43:21,940 --> 00:43:25,420  
我说这个为啥能现黑色黑  
  
1099  
00:43:25,420 --> 00:43:27,340  
正常来说是水汽之色吗  
  
1100  
00:43:27,540 --> 00:43:28,700  
我给你们举了个比方  
  
1101  
00:43:28,700 --> 00:43:30,990  
我说这个就像烧烤，火  
  
1102  
00:43:31,070 --> 00:43:32,270  
烤大了也能烤黑  
  
1103  
00:43:32,270 --> 00:43:33,390  
是不是这个道理啊  
  
1104  
00:43:33,790 --> 00:43:35,470  
那么则做黑胆啊  
  
1105  
00:43:36,460 --> 00:43:38,660  
其实他主要说的是淤血啊  
  
1106  
00:43:38,660 --> 00:43:41,020  
淤血，因为心主血脉嘛  
  
1107  
00:43:41,020 --> 00:43:42,100  
心主火啊  
  
1108  
00:43:42,180 --> 00:43:46,340  
从这儿来的，其腹胀如水状啊  
  
1109  
00:43:46,500 --> 00:43:50,260  
那么他肚子大里头就就就像都是水似的  
  
1110  
00:43:50,780 --> 00:43:51,860  
大便必黑  
  
1111  
00:43:51,980 --> 00:43:53,100  
那么它一定有淤血  
  
1112  
00:43:53,380 --> 00:43:56,300  
食堂慈女劳之病，非水也  
  
1113  
00:43:57,360 --> 00:43:58,880  
这个说的是女老胆  
  
1114  
00:44:00,200 --> 00:44:02,280  
演化成了什么黑胆  
  
1115  
00:44:02,640 --> 00:44:03,440  
说是这个问题  
  
1116  
00:44:03,920 --> 00:44:06,250  
呃，腹满者难治  
  
1117  
00:44:06,290 --> 00:44:08,770  
如果肚子满了，这个时候就非常难治了  
  
1118  
00:44:08,770 --> 00:44:10,570  
就是整个肚子胀满怎么办  
  
1119  
00:44:10,730 --> 00:44:13,610  
只有一个办法叫消食凡石散啊  
  
1120  
00:44:14,880 --> 00:44:16,680  
就是就是这个方子非常经典  
  
1121  
00:44:17,160 --> 00:44:18,840  
那么所谓女牢啊  
  
1122  
00:44:18,960 --> 00:44:20,980  
最后女牢变成胆  
  
1123  
00:44:21,140 --> 00:44:26,940  
那么乃至于这个这个逐渐演化成黑胆这种情况  
  
1124  
00:44:27,960 --> 00:44:28,920  
那么往往啊  
  
1125  
00:44:29,760 --> 00:44:33,120  
咱们说最核心的问题俩字叫淤血  
  
1126  
00:44:34,200 --> 00:44:35,520  
或者叫血瘀啊  
  
1127  
00:44:35,560 --> 00:44:39,240  
你正过来倒过去都是一个概念啊  
  
1128  
00:44:39,680 --> 00:44:40,440  
关系不大  
  
1129  
00:44:41,300 --> 00:44:44,380  
那么瘀血血瘀之症怎么来的  
  
1130  
00:44:44,780 --> 00:44:46,300  
咱们说白了，呃  
  
1131  
00:44:47,170 --> 00:44:51,130  
前文皇家所得从师得知大家还记得吧  
  
1132  
00:44:51,650 --> 00:44:56,010  
那么湿气久久内淤则化为湿热吧  
  
1133  
00:44:56,570 --> 00:44:58,690  
湿热久久熏蒸  
  
1134  
00:44:59,270 --> 00:45:01,790  
那么正常的饮血则化为淤血啊  
  
1135  
00:45:01,790 --> 00:45:03,630  
其实这个非常简单的过程  
  
1136  
00:45:04,120 --> 00:45:07,840  
化成淤血之后，你再简单的祛湿已经不行了  
  
1137  
00:45:08,320 --> 00:45:09,800  
你必须要把这淤血化掉  
  
1138  
00:45:10,240 --> 00:45:11,680  
那么这个时候化淤血  
  
1139  
00:45:12,190 --> 00:45:14,230  
我用抵当汤行不行  
  
1140  
00:45:15,470 --> 00:45:17,190  
那明确的告诉你，不行啊  
  
1141  
00:45:17,190 --> 00:45:19,510  
因为这个不是一个就是  
  
1142  
00:45:19,510 --> 00:45:21,310  
虽然我们现在到的是一个地方  
  
1143  
00:45:21,310 --> 00:45:23,890  
但是来路不同对不对  
  
1144  
00:45:24,290 --> 00:45:28,050  
来路不同，那你解决方法就就就不能解决  
  
1145  
00:45:28,370 --> 00:45:29,890  
就像我们说联合国开会  
  
1146  
00:45:30,390 --> 00:45:32,350  
我们各个国家亚非拉呃  
  
1147  
00:45:32,750 --> 00:45:36,160  
美到的都到那个同一个地方去开会  
  
1148  
00:45:36,640 --> 00:45:38,440  
那你不能说我们的终点一样  
  
1149  
00:45:38,440 --> 00:45:40,810  
我们来的地方不一样  
  
1150  
00:45:40,810 --> 00:45:42,210  
你就不尊重大家啊  
  
1151  
00:45:42,210 --> 00:45:44,290  
你跟中国人说说阿拉伯话  
  
1152  
00:45:45,010 --> 00:45:50,290  
你跟印度人又又又又又又又讲又讲讲别的语言啊  
  
1153  
00:45:50,330 --> 00:45:53,730  
那谁风通压这个风马牛不相及嘛  
  
1154  
00:45:53,730 --> 00:45:54,010  
对吧  
  
1155  
00:45:54,370 --> 00:45:57,450  
那么来路去路都要理清，来路不同  
  
1156  
00:45:57,950 --> 00:45:58,750  
那么这个呢  
  
1157  
00:45:59,990 --> 00:46:01,350  
虽然是浴血之症  
  
1158  
00:46:01,750 --> 00:46:05,030  
但他的核心的核心啊  
  
1159  
00:46:05,710 --> 00:46:06,630  
咱们讲一个问题  
  
1160  
00:46:07,110 --> 00:46:10,040  
呃，还是由于失余余久了吧  
  
1161  
00:46:10,850 --> 00:46:11,850  
淤久了之后呢  
  
1162  
00:46:11,930 --> 00:46:14,490  
其实你细琢磨，它里头是一个傻问题  
  
1163  
00:46:14,570 --> 00:46:15,770  
一个是血瘀的事  
  
1164  
00:46:16,290 --> 00:46:17,050  
另外一个呢  
  
1165  
00:46:17,490 --> 00:46:20,300  
呃，久久这个秽浊之气啊  
  
1166  
00:46:20,420 --> 00:46:22,740  
湿与久了，就是这个秽浊之气就出来了吧  
  
1167  
00:46:23,300 --> 00:46:24,980  
造成清浊不分  
  
1168  
00:46:26,820 --> 00:46:27,580  
浊气不降  
  
1169  
00:46:27,660 --> 00:46:28,380  
清气不升  
  
1170  
00:46:29,000 --> 00:46:31,520  
活活淤出了那个淤血啊  
  
1171  
00:46:31,840 --> 00:46:34,440  
那所以这个时候我们就用一个非常猛的方子消失  
  
1172  
00:46:34,440 --> 00:46:35,880  
凡石散，这个方法非常猛啊  
  
1173  
00:46:36,200 --> 00:46:38,010  
临床要要慎用  
  
1174  
00:46:39,190 --> 00:46:40,150  
不是说不能用啊  
  
1175  
00:46:40,150 --> 00:46:40,750  
但是要慎用  
  
1176  
00:46:42,110 --> 00:46:44,190  
硝石凡石散，呃  
  
1177  
00:46:46,030 --> 00:46:49,500  
两味药加一个药引子啊，硝石顽石  
  
1178  
00:46:49,620 --> 00:46:50,700  
有很多同学一看啊  
  
1179  
00:46:50,700 --> 00:46:52,420  
说那老师硝石是不是芒硝啊  
  
1180  
00:46:52,700 --> 00:46:53,300  
不是啊  
  
1181  
00:46:53,780 --> 00:46:55,180  
硝石不是芒硝  
  
1182  
00:46:55,790 --> 00:46:56,790  
硝石是啥呢  
  
1183  
00:46:57,230 --> 00:46:59,590  
你们听说过硫磺焰硝吧  
  
1184  
00:47:00,400 --> 00:47:03,320  
就那东西在本经里那么叫硝石  
  
1185  
00:47:03,520 --> 00:47:05,760  
本经里还有这种枭叫普消  
  
1186  
00:47:05,960 --> 00:47:07,000  
普消就是芒硝  
  
1187  
00:47:07,750 --> 00:47:09,230  
其实就是水消和火硝  
  
1188  
00:47:09,230 --> 00:47:10,950  
在这我就一块给大家讲讲  
  
1189  
00:47:11,390 --> 00:47:13,670  
那么硝石就是所谓的火消  
  
1190  
00:47:14,670 --> 00:47:16,510  
引火能用对不对  
  
1191  
00:47:16,950 --> 00:47:18,030  
那么普消呢  
  
1192  
00:47:18,470 --> 00:47:19,710  
就是所谓的芒硝  
  
1193  
00:47:20,920 --> 00:47:21,120  
唉  
  
1194  
00:47:21,280 --> 00:47:23,360  
也叫水消，水水火二消嘛  
  
1195  
00:47:23,760 --> 00:47:23,960  
唉  
  
1196  
00:47:24,040 --> 00:47:26,230  
那么那么芒硝咸寒啊  
  
1197  
00:47:26,230 --> 00:47:27,990  
咱们之前曾经不止一次讲过  
  
1198  
00:47:27,990 --> 00:47:30,070  
在盐井里头能沉淀出来，对不对啊  
  
1199  
00:47:30,460 --> 00:47:30,660  
啊  
  
1200  
00:47:30,660 --> 00:47:31,540  
包括古代呢  
  
1201  
00:47:31,540 --> 00:47:34,340  
那据说最早发现芒硝是在哪发现的  
  
1202  
00:47:34,340 --> 00:47:38,590  
就是说在一些干涸了的湖泊湖底  
  
1203  
00:47:39,110 --> 00:47:43,340  
发现了那种那种那个那个那种岩结晶体  
  
1204  
00:47:43,380 --> 00:47:43,900  
对不对啊  
  
1205  
00:47:44,020 --> 00:47:45,460  
那么能凝炼出芒硝来  
  
1206  
00:47:45,900 --> 00:47:46,100  
呃  
  
1207  
00:47:46,500 --> 00:47:47,900  
咱们说这个硝石啊  
  
1208  
00:47:48,490 --> 00:47:49,610  
他是从哪来的  
  
1209  
00:47:49,650 --> 00:47:50,610  
其实这个我们  
  
1210  
00:47:50,650 --> 00:47:55,190  
你你你家门口也许就有你去那个比较潮湿的地方啊  
  
1211  
00:47:55,630 --> 00:47:58,230  
尤其那个常年特别阴的地方  
  
1212  
00:47:58,470 --> 00:48:01,570  
那个犄角旮旯，你见没见过墙角上啊  
  
1213  
00:48:01,850 --> 00:48:03,010  
有的时候结青苔  
  
1214  
00:48:03,530 --> 00:48:05,690  
但是有的时候结一种白色的霜  
  
1215  
00:48:05,930 --> 00:48:06,130  
唉  
  
1216  
00:48:06,330 --> 00:48:07,050  
有人见过吧  
  
1217  
00:48:07,530 --> 00:48:09,090  
那个东西就是火硝  
  
1218  
00:48:10,230 --> 00:48:11,550  
就这东西明白了吧  
  
1219  
00:48:11,910 --> 00:48:16,110  
那么古人还整出一个配方，叫一硫二硝  
  
1220  
00:48:16,230 --> 00:48:20,830  
三木炭，是黑火药的主要的组方  
  
1221  
00:48:20,910 --> 00:48:21,510  
对不对啊  
  
1222  
00:48:21,840 --> 00:48:22,040  
哎  
  
1223  
00:48:22,080 --> 00:48:24,160  
配一块一点就炸了  
  
1224  
00:48:24,160 --> 00:48:25,520  
就是说就这么个东西  
  
1225  
00:48:25,880 --> 00:48:27,880  
那么它叫火消，也叫硝石  
  
1226  
00:48:28,410 --> 00:48:30,210  
所以有的人说说那芒硝  
  
1227  
00:48:30,650 --> 00:48:32,890  
那我这块没有火硝，我用芒硝代指  
  
1228  
00:48:33,370 --> 00:48:33,570  
呃  
  
1229  
00:48:33,650 --> 00:48:38,890  
如果你单纯从卸下的角度注意我的用词  
  
1230  
00:48:39,010 --> 00:48:42,130  
单纯从谢下的角度无伤大雅  
  
1231  
00:48:42,810 --> 00:48:47,240  
但是你想这个尽众矢之意啊  
  
1232  
00:48:47,280 --> 00:48:48,840  
你想到达到他的目的  
  
1233  
00:48:49,350 --> 00:48:50,670  
呃，恐怕相去甚远  
  
1234  
00:48:50,670 --> 00:48:53,150  
因为它俩俩东西往俩方向  
  
1235  
00:48:53,510 --> 00:48:55,070  
一个是水消一个是火消  
  
1236  
00:48:55,070 --> 00:48:57,630  
你跟我说都一样，那能行吗  
  
1237  
00:48:57,630 --> 00:49:00,870  
你就像你跟我说干冰和冰都是冰是不是啊  
  
1238  
00:49:01,310 --> 00:49:04,070  
那那你这玩意你能你能你能这么论吗  
  
1239  
00:49:05,190 --> 00:49:06,350  
不是一个概念啊  
  
1240  
00:49:06,390 --> 00:49:08,190  
那跳舞的时候你咋不撒冰块呢  
  
1241  
00:49:08,560 --> 00:49:10,520  
能能能能起到那个作用吗  
  
1242  
00:49:10,520 --> 00:49:12,920  
人工降雨你，你往顶上天上打点冰呗  
  
1243  
00:49:13,320 --> 00:49:13,640  
对吧  
  
1244  
00:49:13,920 --> 00:49:15,080  
不是干一个的啊  
  
1245  
00:49:15,400 --> 00:49:17,160  
那么有它的相通之处  
  
1246  
00:49:17,520 --> 00:49:18,440  
怎么都叫冰  
  
1247  
00:49:18,520 --> 00:49:19,280  
就有相同之处  
  
1248  
00:49:19,280 --> 00:49:19,840  
都叫硝  
  
1249  
00:49:19,880 --> 00:49:21,160  
也有相同之处，对不对啊  
  
1250  
00:49:21,440 --> 00:49:23,280  
但是它的性质不同  
  
1251  
00:49:23,570 --> 00:49:25,770  
呃，据现代人的研究啊  
  
1252  
00:49:25,850 --> 00:49:28,210  
这是咱们有的时候得引用一点现代的研究  
  
1253  
00:49:28,610 --> 00:49:30,690  
呃，所谓消食的主要成分  
  
1254  
00:49:30,930 --> 00:49:33,570  
因为它是一个生物的东西嘛，对不对啊  
  
1255  
00:49:33,850 --> 00:49:36,740  
呃，但是它里头也是有复合成分  
  
1256  
00:49:37,380 --> 00:49:39,100  
主要成分是硝酸钾  
  
1257  
00:49:40,140 --> 00:49:41,740  
呃，而这个芒硝呢  
  
1258  
00:49:41,860 --> 00:49:44,570  
主要成分是硫酸盐啊  
  
1259  
00:49:44,570 --> 00:49:46,890  
这个张老师也与时俱进啊  
  
1260  
00:49:47,330 --> 00:49:49,210  
那么翻阅了一些文献  
  
1261  
00:49:49,330 --> 00:49:50,570  
这里头是这么说的  
  
1262  
00:49:51,030 --> 00:49:51,230  
呃  
  
1263  
00:49:51,270 --> 00:49:52,830  
但是我们取他的性啊  
  
1264  
00:49:52,990 --> 00:49:55,710  
消食，它的味苦而咸  
  
1265  
00:49:56,150 --> 00:49:57,350  
苦咸就能入血  
  
1266  
00:49:58,380 --> 00:49:59,180  
能入血分  
  
1267  
00:49:59,540 --> 00:50:01,180  
入血分之后则怎么样呢  
  
1268  
00:50:01,460 --> 00:50:05,060  
散血中的火和瘀啊  
  
1269  
00:50:05,060 --> 00:50:06,540  
就散火破瘀之用  
  
1270  
00:50:07,760 --> 00:50:09,320  
这就是消食要干的事  
  
1271  
00:50:09,520 --> 00:50:11,040  
既能散火又能破瘀  
  
1272  
00:50:11,480 --> 00:50:15,320  
那么女老胆现在是不是湿气特别盛，血瘀住了  
  
1273  
00:50:15,840 --> 00:50:16,040  
哎  
  
1274  
00:50:16,480 --> 00:50:17,400  
女老板的核心  
  
1275  
00:50:17,400 --> 00:50:18,720  
刚才我说了，淤血淤血嘛  
  
1276  
00:50:18,720 --> 00:50:19,000  
对吧  
  
1277  
00:50:19,320 --> 00:50:20,480  
那么你进到这里头  
  
1278  
00:50:21,080 --> 00:50:23,400  
把淤血里头的火给它卸掉  
  
1279  
00:50:23,760 --> 00:50:24,760  
把淤把它破掉  
  
1280  
00:50:25,240 --> 00:50:26,280  
与此同时啊  
  
1281  
00:50:26,840 --> 00:50:27,800  
凡石是什么  
  
1282  
00:50:27,800 --> 00:50:28,760  
就是造反嘛  
  
1283  
00:50:29,760 --> 00:50:29,960  
哎  
  
1284  
00:50:29,960 --> 00:50:30,640  
就是造反嘛  
  
1285  
00:50:30,640 --> 00:50:32,360  
我们这个临床上我们用的很多啊  
  
1286  
00:50:32,920 --> 00:50:34,240  
呃，造反干什么呢  
  
1287  
00:50:34,560 --> 00:50:39,770  
造反本身胃酸酸味酸性寒酸味就能内敛  
  
1288  
00:50:40,290 --> 00:50:42,130  
所以我是这么认为的  
  
1289  
00:50:42,130 --> 00:50:43,610  
就是这个繁食啊  
  
1290  
00:50:43,970 --> 00:50:46,530  
它能敛污，敛污秽  
  
1291  
00:50:47,450 --> 00:50:48,530  
收敛污秽啊  
  
1292  
00:50:48,770 --> 00:50:53,120  
就把那个呃一些秽浊的东西把他把把它能刮出来啊  
  
1293  
00:50:53,360 --> 00:50:57,720  
话分清浊这句话划分清浊是苏世平先生说的啊  
  
1294  
00:50:58,120 --> 00:51:01,630  
这个这个用词我觉得哎，非常的经典  
  
1295  
00:51:01,670 --> 00:51:02,590  
非常的恰当  
  
1296  
00:51:03,090 --> 00:51:04,050  
呃，划分清浊  
  
1297  
00:51:04,330 --> 00:51:07,530  
那么这个用法实际上在金匮要略之中多处体现  
  
1298  
00:51:07,850 --> 00:51:08,890  
比如说啊  
  
1299  
00:51:09,250 --> 00:51:11,640  
侯氏黑散，你去翻翻啊  
  
1300  
00:51:12,040 --> 00:51:14,360  
侯氏黑散里头就有，就有原画  
  
1301  
00:51:14,780 --> 00:51:14,980  
呃  
  
1302  
00:51:15,140 --> 00:51:16,500  
所以我认为苏公啊  
  
1303  
00:51:16,500 --> 00:51:18,500  
对这个的用词非常精道  
  
1304  
00:51:18,540 --> 00:51:19,660  
我也很爱惜啊  
  
1305  
00:51:19,970 --> 00:51:22,010  
他说这个收敛污秽啊  
  
1306  
00:51:22,050 --> 00:51:23,690  
我觉得非常形象  
  
1307  
00:51:24,010 --> 00:51:26,230  
那就是把这个杂质啊  
  
1308  
00:51:26,230 --> 00:51:29,910  
用我的话来说，就是把血液血脉里头一些杂质把它滤出来  
  
1309  
00:51:30,650 --> 00:51:31,370  
大家明白了吧  
  
1310  
00:51:31,370 --> 00:51:32,850  
就像你家里头自来水  
  
1311  
00:51:33,010 --> 00:51:35,810  
咱们说不是有那个那个净水器吗  
  
1312  
00:51:36,300 --> 00:51:38,740  
那繁石就相当于那个滤芯儿啊  
  
1313  
00:51:38,740 --> 00:51:40,220  
你把那个杂质都滤出来  
  
1314  
00:51:40,300 --> 00:51:41,100  
滤出来之后  
  
1315  
00:51:41,570 --> 00:51:43,490  
那么在硝石的配合之下  
  
1316  
00:51:43,930 --> 00:51:44,450  
硝石呢  
  
1317  
00:51:44,450 --> 00:51:45,130  
哪儿有淤血  
  
1318  
00:51:45,130 --> 00:51:46,730  
他把哪儿干掉，明白了没有  
  
1319  
00:51:47,110 --> 00:51:48,790  
然后繁石就上去干掉  
  
1320  
00:51:48,790 --> 00:51:50,190  
之后他不是分清浊了吗  
  
1321  
00:51:50,960 --> 00:51:54,120  
就好像两个两个机器啊  
  
1322  
00:51:54,160 --> 00:51:58,080  
在在配合作业消失在前头破土  
  
1323  
00:51:58,840 --> 00:52:00,120  
凡石在后头扫地  
  
1324  
00:52:00,680 --> 00:52:01,560  
大家明白了没有  
  
1325  
00:52:02,040 --> 00:52:02,240  
哎  
  
1326  
00:52:02,240 --> 00:52:06,040  
这是一个流动的这么一个机器，你你体会一下吧  
  
1327  
00:52:06,630 --> 00:52:06,830  
呃  
  
1328  
00:52:06,870 --> 00:52:08,030  
但是这个方呢  
  
1329  
00:52:08,550 --> 00:52:11,490  
应用，由于它这个药性啊  
  
1330  
00:52:11,610 --> 00:52:14,050  
消食的火消药性比较猛烈啊  
  
1331  
00:52:14,570 --> 00:52:16,770  
所以说要用伪散之后啊  
  
1332  
00:52:17,210 --> 00:52:20,520  
要用大麦汁和服啊  
  
1333  
00:52:20,840 --> 00:52:23,250  
大麦较汁儿啊  
  
1334  
00:52:23,530 --> 00:52:27,290  
那么那么那他说这个大麦汁是鲜麦子，咱们明白吗  
  
1335  
00:52:27,730 --> 00:52:27,930  
哎  
  
1336  
00:52:28,130 --> 00:52:31,050  
鲜的啊，那个那个那个饺汁  
  
1337  
00:52:32,060 --> 00:52:35,460  
合服，以养护胃气和生气  
  
1338  
00:52:36,400 --> 00:52:37,560  
他为啥用鲜麦汁  
  
1339  
00:52:37,560 --> 00:52:38,600  
为啥不用麦芽呢  
  
1340  
00:52:38,600 --> 00:52:39,240  
你明白了吧  
  
1341  
00:52:39,440 --> 00:52:40,440  
用麦芽不也行吗  
  
1342  
00:52:40,840 --> 00:52:42,490  
用麦芽是养胃，呃  
  
1343  
00:52:42,610 --> 00:52:43,690  
他是担心呐  
  
1344  
00:52:44,090 --> 00:52:45,330  
这个药力过猛  
  
1345  
00:52:45,770 --> 00:52:47,210  
那么伤及了生气  
  
1346  
00:52:47,690 --> 00:52:49,910  
所以脉之能榨出汁来  
  
1347  
00:52:49,910 --> 00:52:52,150  
他那麦子还是青的呢啊  
  
1348  
00:52:52,190 --> 00:52:53,710  
你到田里去看看对吧  
  
1349  
00:52:54,030 --> 00:52:55,470  
田里那个麦麦麦子啊  
  
1350  
00:52:55,510 --> 00:52:56,590  
青色的麦子啊  
  
1351  
00:52:57,730 --> 00:52:59,010  
那么它能护生气  
  
1352  
00:53:00,570 --> 00:53:02,690  
那那么这个呢  
  
1353  
00:53:03,180 --> 00:53:04,940  
吃完了之后随大小便去  
  
1354  
00:53:05,020 --> 00:53:06,700  
小便正黄就是黄色  
  
1355  
00:53:07,060 --> 00:53:08,380  
大便正黑是侯爷  
  
1356  
00:53:08,420 --> 00:53:10,420  
那么就说明打到点上了  
  
1357  
00:53:10,660 --> 00:53:14,180  
那你说老师我吃完这药之后大便小便没变，那咋办  
  
1358  
00:53:15,300 --> 00:53:17,540  
你就甭问我，你接着加量就完了吗  
  
1359  
00:53:17,980 --> 00:53:18,860  
就这么简单啊  
  
1360  
00:53:18,860 --> 00:53:25,020  
临床上那就要要以这个患者的出现的反应来消息啊  
  
1361  
00:53:25,220 --> 00:53:27,220  
来去对应这个问题  
  
1362  
00:53:28,080 --> 00:53:28,280  
呃  
  
1363  
00:53:28,400 --> 00:53:29,520  
那么这张方子呢  
  
1364  
00:53:29,520 --> 00:53:33,480  
实际上临床应用我们可以说是其实还是比较广的  
  
1365  
00:53:33,900 --> 00:53:34,100  
呃  
  
1366  
00:53:34,340 --> 00:53:35,340  
张锡纯先生  
  
1367  
00:53:35,380 --> 00:53:40,260  
民国的张锡纯先生就用这张方通治一切内伤黄疸啊  
  
1368  
00:53:40,730 --> 00:53:40,930  
呃  
  
1369  
00:53:41,130 --> 00:53:41,970  
效果显著  
  
1370  
00:53:42,370 --> 00:53:43,450  
所以说说到这呢  
  
1371  
00:53:43,730 --> 00:53:44,530  
说个题外话  
  
1372  
00:53:44,650 --> 00:53:47,570  
其实我们整部那个伤寒杂病论啊  
  
1373  
00:53:47,650 --> 00:53:49,130  
治黄疸的方有很多  
  
1374  
00:53:49,530 --> 00:53:50,850  
伤寒论中有三方  
  
1375  
00:53:51,420 --> 00:53:52,700  
茵陈蒿、栀子剥皮  
  
1376  
00:53:52,820 --> 00:53:55,060  
还有麻黄连药、赤小豆，对吧  
  
1377  
00:53:55,060 --> 00:53:58,020  
那么咱们在座的同学听过我的伤寒课  
  
1378  
00:53:58,020 --> 00:53:59,340  
都已经非常熟悉了  
  
1379  
00:53:59,780 --> 00:54:00,060  
呃  
  
1380  
00:54:01,130 --> 00:54:02,850  
金匮要略中又出现了若干方  
  
1381  
00:54:03,010 --> 00:54:07,090  
包括还收录了金那个千金的复方对不对啊  
  
1382  
00:54:07,090 --> 00:54:08,370  
麻黄醇酒等等啊  
  
1383  
00:54:08,610 --> 00:54:10,010  
一会我们下节课会讲到  
  
1384  
00:54:10,450 --> 00:54:10,650  
呃  
  
1385  
00:54:10,650 --> 00:54:15,260  
那么这张这些方，哪些就是它到底是是是  
  
1386  
00:54:16,340 --> 00:54:17,380  
哪些是偏于什么  
  
1387  
00:54:17,380 --> 00:54:18,140  
哪些偏于什么  
  
1388  
00:54:18,140 --> 00:54:19,860  
其实这个有一个大概方向  
  
1389  
00:54:21,200 --> 00:54:24,240  
但这些方没有说互相不可替代啊  
  
1390  
00:54:25,160 --> 00:54:26,760  
那为啥这么多法  
  
1391  
00:54:27,200 --> 00:54:28,280  
我个人的体会啊  
  
1392  
00:54:28,960 --> 00:54:30,800  
仲景先师写伤寒杂病论  
  
1393  
00:54:30,880 --> 00:54:33,120  
本来就是勤求古训  
  
1394  
00:54:33,960 --> 00:54:35,200  
那后头还有一句话吧  
  
1395  
00:54:36,130 --> 00:54:37,890  
对，那博采众方  
  
1396  
00:54:38,410 --> 00:54:40,130  
所以这个时候如何取舍  
  
1397  
00:54:40,610 --> 00:54:44,160  
仲景先师啊，也是心里头也犯难  
  
1398  
00:54:44,640 --> 00:54:49,690  
你就甚至你你说所谓带黄消食汤跟消食凡石散啊  
  
1399  
00:54:49,690 --> 00:54:50,850  
咱们讲讲这个道理啊  
  
1400  
00:54:51,170 --> 00:54:52,370  
它有相通的地方  
  
1401  
00:54:52,970 --> 00:54:57,030  
那临证的时候咱们说你取舍哪一个  
  
1402  
00:54:57,590 --> 00:54:58,510  
仲景先师一看  
  
1403  
00:54:59,030 --> 00:55:00,310  
哎呀，手心是肉  
  
1404  
00:55:00,390 --> 00:55:01,190  
手背也是肉  
  
1405  
00:55:01,430 --> 00:55:02,980  
呵，明白了吗  
  
1406  
00:55:03,620 --> 00:55:03,820  
哎  
  
1407  
00:55:03,980 --> 00:55:05,340  
手心手背都是肉  
  
1408  
00:55:05,660 --> 00:55:08,500  
你扔哪个他也舍不得，都留着吧  
  
1409  
00:55:09,020 --> 00:55:11,380  
留给后人去评论啊  
  
1410  
00:55:11,500 --> 00:55:12,660  
反正把它都留着吧  
  
1411  
00:55:12,820 --> 00:55:13,940  
因此它有重合  
  
1412  
00:55:14,300 --> 00:55:16,220  
因此在我的讲课之中  
  
1413  
00:55:16,220 --> 00:55:18,420  
可能我会提到类似于硝石凡石散  
  
1414  
00:55:18,820 --> 00:55:19,580  
就这种方  
  
1415  
00:55:19,780 --> 00:55:22,860  
它能通治所有的黄疸的时候，你也别觉得奇怪  
  
1416  
00:55:23,410 --> 00:55:26,170  
在古代，由于信息交通不发达  
  
1417  
00:55:26,890 --> 00:55:27,650  
咱打一比方  
  
1418  
00:55:27,810 --> 00:55:30,750  
有可能东北地区治疗这个病的方  
  
1419  
00:55:31,150 --> 00:55:33,270  
跟西南地区治这个地方的方  
  
1420  
00:55:33,710 --> 00:55:36,630  
和中原地区治这个病的方都好使  
  
1421  
00:55:36,630 --> 00:55:37,430  
但是都不一样  
  
1422  
00:55:37,670 --> 00:55:38,350  
明白了吗  
  
1423  
00:55:39,150 --> 00:55:39,350  
唉  
  
1424  
00:55:39,830 --> 00:55:40,390  
都好使  
  
1425  
00:55:40,390 --> 00:55:41,110  
但是都不一样  
  
1426  
00:55:41,350 --> 00:55:44,230  
我们求同而存异啊  
  
1427  
00:55:44,510 --> 00:55:46,390  
这个明白它的普遍规律  
  
1428  
00:55:46,390 --> 00:55:49,870  
明白它都是治疗预热的，就够用了啊  
  
1429  
00:55:50,100 --> 00:55:51,380  
至于它细分  
  
1430  
00:55:51,700 --> 00:55:54,700  
那这个就有待于你以后临床的掌握啊  
  
1431  
00:55:55,540 --> 00:55:57,300  
我就给你讲一下它的道理  
  
1432  
00:55:59,080 --> 00:56:00,400  
下一个15条  
  
1433  
00:56:03,080 --> 00:56:06,920  
不告诉你韭黄疸，心中懊恼或热痛  
  
1434  
00:56:06,960 --> 00:56:08,320  
这个我不想赘述  
  
1435  
00:56:08,700 --> 00:56:09,340  
这个方呢  
  
1436  
00:56:09,340 --> 00:56:12,180  
在伤寒论之中，咱们讲过伤寒论中有一个指示  
  
1437  
00:56:12,180 --> 00:56:13,340  
质子水塘还记不记得  
  
1438  
00:56:13,860 --> 00:56:14,060  
诶  
  
1439  
00:56:14,060 --> 00:56:16,020  
那个讲的是那个呃  
  
1440  
00:56:16,550 --> 00:56:18,710  
伤寒颤以后那么十赋对不对啊  
  
1441  
00:56:19,110 --> 00:56:21,070  
那么在咱们哪哪篇啊  
  
1442  
00:56:22,000 --> 00:56:24,160  
阴阳易差后劳复病，脉证并治吧  
  
1443  
00:56:24,520 --> 00:56:26,440  
那么由于吃多了  
  
1444  
00:56:26,600 --> 00:56:28,560  
然后造成这个，呃  
  
1445  
00:56:29,210 --> 00:56:29,770  
犯病了  
  
1446  
00:56:29,810 --> 00:56:32,330  
那么这用这个汤到这来，哎  
  
1447  
00:56:32,770 --> 00:56:35,290  
换一个马甲，换个名字还是他  
  
1448  
00:56:35,830 --> 00:56:36,030  
呃  
  
1449  
00:56:36,110 --> 00:56:38,390  
这个方呢，就是指示栀子豉汤  
  
1450  
00:56:38,390 --> 00:56:39,550  
但是少了个东西  
  
1451  
00:56:39,750 --> 00:56:41,190  
只是栀子豉原方里头  
  
1452  
00:56:41,190 --> 00:56:43,590  
你记住有一个水叫清江水，还记得吗  
  
1453  
00:56:44,000 --> 00:56:46,080  
就是淘米干水，你回去翻翻啊  
  
1454  
00:56:46,480 --> 00:56:48,160  
因为那个是主要是治湿机  
  
1455  
00:56:48,200 --> 00:56:49,440  
但这个治的是黄染  
  
1456  
00:56:49,850 --> 00:56:52,410  
我们说栀子本身能通三焦，又能利水  
  
1457  
00:56:52,410 --> 00:56:54,530  
能利小便之子就能利黄  
  
1458  
00:56:55,520 --> 00:56:56,520  
比如栀子剥皮汤  
  
1459  
00:56:56,880 --> 00:57:01,240  
然后与此同时带黄本身主下淤血，血闭除寒热  
  
1460  
00:57:02,000 --> 00:57:02,960  
咱们说说这个问题吧  
  
1461  
00:57:03,160 --> 00:57:04,640  
它本身能治疗血瘀  
  
1462  
00:57:04,980 --> 00:57:07,860  
呃，那么这两方相合有又有一个妙用  
  
1463  
00:57:08,060 --> 00:57:09,540  
因为韭黄疸啊  
  
1464  
00:57:09,540 --> 00:57:11,940  
你不要忘了他是一个什么样的人，得黄疸  
  
1465  
00:57:13,130 --> 00:57:16,210  
喝酒的人在我们伤寒论中叫久克病  
  
1466  
00:57:17,450 --> 00:57:18,850  
久克病有特异的体质  
  
1467  
00:57:20,400 --> 00:57:21,040  
伤寒论原文  
  
1468  
00:57:21,760 --> 00:57:22,560  
凡9克病  
  
1469  
00:57:23,640 --> 00:57:24,880  
不可与桂枝汤对吧  
  
1470  
00:57:26,000 --> 00:57:26,280  
哎  
  
1471  
00:57:27,030 --> 00:57:27,990  
德日择偶啊  
  
1472  
00:57:27,990 --> 00:57:29,750  
你看咱们同学张口就来啊  
  
1473  
00:57:30,590 --> 00:57:33,070  
那么久克病为啥不可服桂枝汤啊  
  
1474  
00:57:33,480 --> 00:57:34,320  
原因很简单  
  
1475  
00:57:34,320 --> 00:57:35,240  
因为他体内啊  
  
1476  
00:57:35,280 --> 00:57:36,000  
长期酗酒  
  
1477  
00:57:36,000 --> 00:57:38,640  
体内湿热这块讲的就是一个体质问题  
  
1478  
00:57:38,960 --> 00:57:45,300  
所以栀子代黄汤它就是治疗韭黄疸的一个解法啊  
  
1479  
00:57:45,300 --> 00:57:46,740  
就是一个非常快捷的方法  
  
1480  
00:57:46,740 --> 00:57:47,220  
明白了吧  
  
1481  
00:57:47,540 --> 00:57:47,740  
哎  
  
1482  
00:57:47,740 --> 00:57:49,140  
一个快捷通道，呃  
  
1483  
00:57:49,340 --> 00:57:51,060  
他会见证，见什么证呢  
  
1484  
00:57:51,060 --> 00:57:54,380  
心中懊恼哈或热痛，那就是质子症啊  
  
1485  
00:57:54,380 --> 00:57:56,180  
在这呢，我想我就不赘述了啊  
  
1486  
00:57:56,720 --> 00:57:59,440  
呃叨叨叨我们讲了57分钟  
  
1487  
00:57:59,440 --> 00:58:00,160  
将近一个小时  
  
1488  
00:58:00,200 --> 00:58:01,160  
我们先下课啊  
  
1489  
00:58:01,680 --> 00:58:02,880  
呃，一会儿呢  
  
1490  
00:58:03,000 --> 00:58:05,840  
咱们接着聊一个小时的时间啊  
  
1491  
00:58:05,840 --> 00:58:08,240  
争取把后面内容给大家做一个完结